

All Knox Prep and Senior School parents are warmly invited to

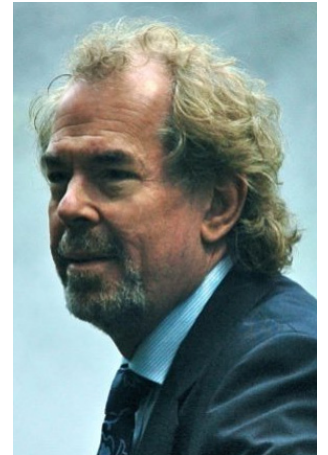
# PARENT SEMINAR: THE STRENGTH OF SELF-ACCEPTANCE

**When:** Thursday 15 August, 7pm-8.30pm

**Location:** Great Hall, Senior School

**With guest presenter Professor Michael Bernard**

Michael Bernard, father of two children, is a psychologist and author/editor of over 50 books including: *You Can Do It! What Every Student (and Parent) Should Know About Success in School and Life*; *Rationality and The Pursuit of Happiness*; and *Procrastinate Later! How to Motivate Yourself to Do It!*



**About the forum**

Professor Bernard will describe self-acceptance and its relationship to the wellbeing and achievement of children of all ages. He will discuss how judging their own value and self-worth is central to children's adjustment and to the development of their potential.

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Prep parents - RSVP to Maggie Darling in the Prep Office

Senior School parents - RSVP to the Student Administration Officer in Room 19 for your son's year group



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