## TOMORROW'S MAN

## A special event for Knox Senior School students

When: Wednesday 19 July 2017, 7pm-10pm

**Location:** Seniors Hall, Knox Senior Secondary Academy

**Cost:** \$25 per family (one adult and their child or children)

- supports the Gotcha 4 Life Project

Who: Knox Senior School boys and their dad, step-dad,

uncle, godfather or close male adult friend

What does it mean to be a bloke today? And what do we want it to look like tomorrow?

The tide is changing for men young and old and the outdated stereotype is leaving some of our mates, dads, sons, uncles, teammates, workmates and brothers stranded without the tools for a healthy life.

It's time we got in a room to have a no holds barred conversation about the state of man; face the stats and create room to break the stereotype. Explore how we can look after ourselves, our mates and families better while carving out our own version of the Aussie man.

In an engaging, memorable and impactful few hours Gus Worland (Triple M Grill Team Captain) and Tom Harkin (Expert facilitator and Tomorrow's Man founder), facilitate a casual and honest conversation exploring where the current man code has taken us and look at what tomorrow's man might look like.

Book your place at www.knox.nsw.edu.au/man





Speaker and facilitator Tom Harkin is the founder of Tomorrow's Man



Gus Worland (OKG86) is the creator of ABC TV's 'Man Up' and Triple M presenter

