



PROBLEMATIC GAMING

PARENT SEMINAR: CHALLENGES AND OPPORTUNITIES

- When:** Thursday 20 February, 6.30pm-8.30pm
Location: Great Hall, Knox Grammar School, Wahroonga
Cost: Free (bookings essential)
Who: Parents of Prep and Senior boys and girls
(parents from other local schools are welcome to attend)

Presented by gaming and
psychology researchers
Dr Philip Tam and
Dr Andrew Campbell
(University of Sydney)

Join us for a free parents seminar on topics including:

- The psychology of gaming - why are games and technology so addictive?
- The impact of technology and social media on young people's mental health
- Practical strategies to manage screen time

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Book your place at www.knox.nsw.edu.au/gaming



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