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**Eddie O'Sullivan and Charlie Sargent
with their Silver Duke of Ed Awards**

FROM THE TEAM LEADERS



'Some people want it to happen, some wish it would happen and others make it happen.'
Michael Jordan

Year 11 have hit the ground running this week focusing on finding the right balance between study, sport, their social lives and down time. When developing a workable routine it is easy to get caught up on what is directly in front of you rather than the bigger picture. The beginning of every term is a great time for the boys to set their routines. I would encourage them to look at what is important in their lives. If you want to achieve strong academic results then you need to study consistently every week, not just when an exam or an assessment is coming up. If you love your sport, then you need to attend your training sessions so your fitness and skills are at the level you can enjoy playing. If catching up with your friends is important, then plan out your week so it works around your study, work or sporting commitments so you can enjoy the time without feeling guilty or adding to your stress levels entering into the HSC. This term's mentor program is focused on decreasing stress levels and managing their time, all life skills which will help them have a healthy balanced and organised life.

Sport resumes this weekend for the boys against Waverley and we wish them all the best of luck and hope they enjoy the teamwork and camaraderie that I have no doubt they will look back at with fondness in a few years' time.

Year 11 Information Evening is on Monday 12 February in the Seniors' Hall of the KSSA from 6.30-8pm. Sam White and I will both be there for the evening and we encourage everyone who is able to attend to come by and say hi; we look forward to seeing you then.

ANDREA WIFFEN YEAR 11 ASSISTANT TEAM LEADER

UPCOMING EVENTS

- Sunday 11 February**
 - Boarders' Camp Year 11
 - Monday 12 February**
 - [Parent Information Evening](#), Seniors' Hall, Knox Senior Academy 6.30pm
 - Thursday 15 February**
 - Parent Information Evening Ravenswood - New Caledonian Tour
 - Monday 19 February**
 - Parent Seminar - Melinda Tankard Reist - [Parenting in a Sexualised World](#)- Great Hall
 - Tuesday 6 March**
 - Annual International Women's Day Mother and Son Breakfast - Thistle Room 7am - 8am
- See the full calendar in [Parent Lounge](#)

CONTACT

Pamela Hitchcock: 02 9119 0885
Email: hitchcockp@knox.nsw.edu.au
[Year 11 page on the Portal](#)

FROM THE STUDENT ADMINISTRATION OFFICER



At Year Meeting on Tuesday, Charlie Sargent and Eddie O'Sullivan were awarded their Silver Duke of Ed Awards. Congratulations, boys! Parking for the Information Evening will be at a premium as there is also another function on at the School. Undercover parking will be available but could fill quite quickly. The Boater Cafe will be open until 6.30pm if you wish to purchase hot drinks or snacks before the meeting commences.

Once your son has his driver's licence and intends to drive to School, [a Student Driver's form](#) needs to be completed and returned to me. This has to be signed by parents and lodged with the School for approval. If your son has any Knox students in the car with him, whether it be to School or sport on the weekend, the parents of the accompanying student must also sign the form. [Conditions of driving](#) needs to be read and complied with.

If your son has turned 16, a student concession card can be obtained from me so that if they are questioned by a guard on the train, they can produce this card to say they are still at School. Have a great weekend.

PAMELA HITCHCOCK YEAR 11 STUDENT ADMINISTRATION OFFICER

'NO ACT OF KINDNESS, NO MATTER HOW SMALL, IS EVER WASTED.- ESOP'



FROM THE DIRECTOR OF STUDIES KNOX SENIOR SECONDARY ACADEMY

The boys have commenced their Stage 6 journey with great excitement. The focus and maturity they have shown so far in their approach to using Seniors' Hall has been impressive. The design and function of the Hall is based upon Bandura's four principles of Social Learning Theory (SLT). The principles are attention, retention, reproduction and motivation. Extrinsic and intrinsic motivation are key to maintaining interest, drive and ultimate success at the HSC. We need to be motivated to do anything. Often that motivation originates from our observation of someone else being rewarded or reprimanded for something they have done or said. This usually motivates us later to do, or avoid doing the same thing. Social modelling provides a very powerful method for education. If students see positive consequences from a particular type of behaviour or approach to learning, they are more likely to repeat that behaviour themselves which often becomes habitual, resulting in ongoing positive reinforcement and improvement in that pursuit.

Boys have the opportunity to engage in Afternoon and Evening Study in the KSSA from Monday to Friday. When used effectively, study undertaken in this space has proven to be an essential ingredient for HSC success. Study can be done on an individual basis in the Senior Library or in a collaborative setting in Seniors' Hall. It was highlighted to the boys at Year Meeting this week that they need to be strategic in the way they plan their study week. Boys must consider what days they can attend, peers they may study with and they should also consider what academic assistance is available. Staff with expertise in a range of subjects are on offer during the week (see table below for Semester 1) along with Old Boy Academic Coaches who can support one on one and in small groups. Afternoon study begins at 3.30pm and ends at 7pm. Boys are able to arrange an evening meal by signing a register by the end of lunch. Evening Study commences at 7pm and boys must register with the supervisor. They are unable to leave the Library or Hall until 8.30pm and can stay until 9 pm. Boys wishing to leave prior 8.30pm will require a note, email or phone call from their parent. Seniors' Hall is only available on Friday from 3.30pm to 7pm.

GREG NUNAN DIRECTOR OF STUDIES KNOX SENIOR SECONDARY ACADEMY

KSSA Evening Study Roster Semester 1 2018 - 3.30pm to 9pm			
Monday	Tuesday	Wednesday	Thursday
Mr G Walker (Finance)	Mr R Fenton (History/English)	Mr C Sadie (TAS)	Mr C Leggo (History)
Mr G Zerounian (Mathematics)	Ms A Disney (Physics/Chemistry)	Mr M Clagnan (TAS/Software Design & Development)	Mr D Bailey (TAS/Information Processess and Tech)

PARENT LOUNGE

Thank you to all parents who have updated their contact details in the Parent Lounge.

For emergencies and day-to-day communications, it is essential that the school has your correct contact details on file. If you have not yet updated your details we would please ask that you do so at your earliest convenience. You may now do this via Parent Lounge on your mobile phone.

To login to Parent Lounge and update your details, please go to knoxnet.knox.nsw.edu.au. If you have lost or forgotten your login/password, [please click here](#).

Individual contact details:

In some instances, you may notice the individual contact details fields for 'Mother' or 'Father' are blank or have the text 'PLEASE UPDATE CONTACT DETAILS'.

As most IT systems we integrate with require a unique email address for each individual, this is crucial to ensure parents are identified correctly across these multiple platforms.

A short video outlining the process can be found [here](#):

If you need help, please contact Helpdesk (9473 9706, Monday – Friday, 8am-5pm), our IT staff will be able to talk you through the process.

LANGUAGE EXCHANGE STUDENTS 2017

While many of our boys were relaxing over the holidays, a number of our language students were on exchange in France, Germany and Japan immersing themselves in the culture and language of that country. Archer Bradshaw, Thomas Henderson and Ben Dickson stayed with host families near Paris for five weeks and experienced a French Christmas, whilst Sam Lilley, Alex Heintze, Austin Wagner and Alastair Hunter were all in Germany enjoying the snow! Jeremy Jenkins and James Hanley jetted off to Japan in January, trying out their language skills in a totally different culture. They have all returned safely having had a wonderful experience and with many stories to tell.

SHARON BECKETT, LANGUAGE EXCHANGE COORDINATOR



Thomas Henderson, Archer Bradshaw and Ben Dickson in France



Alex Heintze with Exchange host



Arrival in Germany - Alex Heintze and Sam Lilley

PARENT FORUM - 19 FEBRUARY 2018 - GREAT HALL

In Week 4, Melinda Tankard Reist, who is a specialist educator in the field of student well-being will speak to the boys on Tuesday 19 February. An author, public speaker and media commentator, Melinda is at the forefront of educating the public on the impact of a sexualised culture on children and how images in the media and in online games, have an impact on young male perceptions, respect and attitudes towards females. She will also discuss the harmful effects of pornography on children, an issue which has far reaching consequences for our society. On the evening of Monday 19 February Melinda will also present at a parent forum to raise awareness of these issues. We encourage all parents to attend this important event.

GATHERING OF THE CLAN

The Knox Parents' Association (KPA) warmly invites all Knox Prep, Wahroonga Prep and Senior School parents to this special community event. The Gathering of the Clan, formerly known as Knox at Home, provides a relaxed opportunity for parents, staff and School Council members to celebrate the start of the new school year. This event is a great way to meet other parents from your child's year group.

There will also be an opportunity to farewell John and Denise Weeks.

When: Friday 23 March 2018, 7.30pm-9.30pm
Where: Seniors Hall, Knox Senior Secondary Academy, Senior School
Cost: \$40 per person - includes drinks and savouries

Please note, this is an adults only event

RSVP and payment instructions: To RSVP, please purchase your tickets via TryBooking by Friday 16 March at www.knox.nsw.edu.au/Clan



INTENSIVE WRITING WORKSHOPS

This year the English Department are running targeted workshops focusing on improving writing skills.

If you would like to help improve your writing for assessment tasks, NAPLAN or just for enjoyment please come and join us in Room M0112 one afternoon a week.

Bring your laptop, a pen and your imagination!

Stage 5 – Wednesdays and Thursdays 3:30-4:30pm

Please contact [Ms Aldridge](#) if you have any questions .

Tickets selling fast - [Trybooking](#)

Expressions of Interest - Cambridge Programmes Summer School

Sunday 29 July to Saturday 11 August 2018

Churchill College, Cambridge, United Kingdom

[Click here](#) for further details



CATCH UP PHOTOS

If your son missed out on having his individual photo, please remind him that we will have a catch up session next Thursday.

Date: Thursday 15 February

Time: 12.50pm

Place: Portrait/Thistle Room

