

VIRILE AGITUR



# KNOX GRAMMAR SCHOOL AQUATIC CENTRE

## Autumn Holiday Stroke Clinic 2018

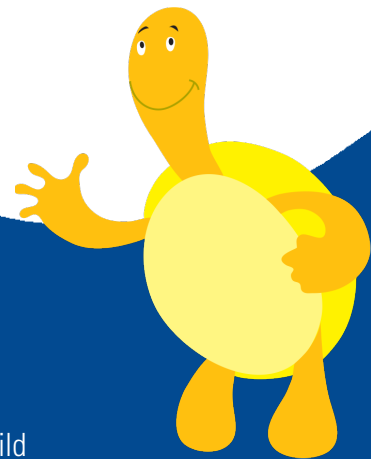
**Date:** 16<sup>th</sup> - 20<sup>th</sup> April 2018

**Levels:**

- LTS level 4 & 5: 45 minutes session
- LTS Junior Development, Mini Squad and Blue Squad: 1 hour and 30 mins (30 mins of dry)
- Black and Junior Performance Squad: 2 hours 30 mins (30 mins of dry)

**Costs:**

- LTS level 4 & 5: \$22.50 per session per child
- LTS Level JD, Mini Squad and Blue Squad: \$25.00 per session per child
- Black and Junior Performance Squad: \$32.00 per session per child
- Book into 4 sessions and get the 5<sup>th</sup> session free!



**Sessions available:**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>Freestyle</b>	<b>Breaststroke</b>	<b>Backstroke</b>	<b>Butterfly</b>	<b>Starts, Turns and Finishes</b>
<b>LTS 4 &amp; 5</b>	9:00 - 9:45	9:00 - 9:45	9:00 - 9:45	9:00 - 9:45	9:00 - 9:45
	9:45 - 10:30	9:45 - 10:30	9:45 - 10:30	9:45 - 10:30	9:45 - 10:30
<b>JD, Mini Squad and Blue</b>	9:00 - 10:30	9:00 - 10:30	9:00 - 10:30	9:00 - 10:30	9:00 - 10:30
<b>Black and Junior Performance Squad</b>	10:00 - 12:30	10:00 - 12:30	10:00 - 12:30	10:00 - 12:30	10:00 - 12:30

Bookings open on **Tuesday, 3<sup>rd</sup> April 2018** from the Aquatic Centre Reception.

Further terms and conditions apply on Holiday Intensive Programs. To enrol or for more information, please contact Customer Service at Aquatic Centre or email [learntoswim@knox.nsw.edu.au](mailto:learntoswim@knox.nsw.edu.au)