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Undefeated Football Team

FROM THE TEAM LEADERS



"A hero is someone who understands the responsibility that comes with his freedom" Bob Dylan

This week during our year meeting we had Lynda Hart the Police Liaison Officer from Hornsby Police Station present to our boys on driving. Our cohort is entering into the rite of passage where they are getting their Provisional Driver's License and taking the first few baby steps towards adulthood and freedom. Lynda's

presentation was timely in reminding the boys about their responsibility towards the safety of their passengers, friends, family and members of the public when they are on the road. She highlighted important facts and figures that the boys may not have known, as well as their rights as a driver. Most importantly we want all our young gentlemen to be safe on the road. I once attended a driving seminar with students where the presenter referred to teenage drivers as 'someone with a learner brain but a V8 body'. The boys need to remember, like all skills, driving takes time and practise, so please be safe when getting behind the wheel.

A colleague sent around a very interesting article on 'Self-Efficacy' by Albert Bandura this week. While reading it I could not help but think about our Year 11s and their confidence and motivation leading into the Year 11 Yearly Exams. The article defines self-efficacy as peoples beliefs about their own capabilities to produce designated levels of performance that exercise influence over events that affect their lives. It can determine how they feel, think, motivate themselves and behave. If you are interested in this area, [click on this link](#) as it gives great suggestions on creating wins to help build students own self-efficacy beliefs which I think all of our boys will thrive from.

ANDREA WIFFEN YEAR 11 ASSISTANT TEAM LEADER

UPCOMING EVENTS

Monday 20 August - Friday 24 August

- TAS Exhibition - Great Hall

Friday 31 August

- Jersey Day

Saturday 18 September

- Track & Field at Homebush

Monday 3 and Tuesday 4 September

- Student Study Days
- Wednesday 5 September -
Wednesday 19 September - Yearly exams

Thursday 20 September

- CAS Athletics - SOPAC

See the full calendar in [Parent Lounge](#)

CONTACT

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[Year 11 page on the Portal](#)

FROM THE STUDENT ADMINISTRATION OFFICER



It was wonderful to experience all the amazing artwork in the Great Hall created by students from Years 7-12. The Year 12 work for their HSC was exceptional. Well done boys!

Congratulations to the Opens undefeated Football team comprising of Johnie Holland, Luca Page, Oliver Morgan, Archer Bradshaw, Viruna Tennakoon and Brendan Mar (plus some year 12 boys). Big

congratulations boys!

Cup cake day was a great success with over \$2000 raised on Monday and Tuesday. On Thursday the boarders had a cup cake sale as well and raised more money for the Buy a Bale appeal. Thanks to everyone who baked for us.

Friday 31 August is Jersey Day, a day of awareness of organ donation. Students are allowed to wear Jerseys on the day (only at School). Please support this initiative.

Good luck to all Knox / Sydney Uni Water Polo Players who have made the Grand Finals for the Sydney Metro Water Polo Competition and to those heading off to compete in the Snow Sport State Interschools competition.

Have a great weekend.

PAMELA HITCHCOCK YEAR 11 STUDENT ADMINISTRATION OFFICER

SUCCESS IS THE SUM OF SMALL EFFORTS, REPEATED DAY IN AND DAY OUT. – ROBERT COLLIER



Digby Dalton - Prize Winner



Hugo Morgan - Prize Winner



Jack Tafe - Prize Winner



MESSAGE FROM THE DEPUTY HEADMASTER, MR O'REGAN

With the dry and windy weather at the moment we are seeing an increasing number of boys whose Asthma symptoms are triggered by these conditions present to the clinic to access Ventolin. Our nurses are always keen to assist the boys, and have asked we remind parents to speak with their sons to ensure he has ready access to his reliever medication.

MR O'REGAN, DEPUTY HEADMASTER YEARS 7-12

CAS ATHLETICS

Any boys wishing to go to Homebush and cheer on our Knox Track & Field team on September 20 at the CAS Championships will need Parent authorisation / permission via the [Knox Parent Lounge](#) and accept the excursion.

If you have any questions please do not hesitate to email the [sports department](#).

Cut off for accepting this excursion is strictly Monday September 17.

MARTIN HAYWOOD HEAD OF KNOX SPORTS & AQUATIC ACADEMY



**KNOX TAS EXHIBITION
OPENING NIGHT**

INVITATION
Opening night: Monday 20 August 2018, 6.30pm
Exhibition: Monday 20 – Friday 24 August 2018, open daily 8.30am-4pm
Location: Great Hall foyer, Knox Grammar School Pacific Highway, Wahroonga

Come and see the Major Design Projects created by our Year 12 HSC Design and Technology and Industrial Technology students.

Image: 'Mayfair Empress Luxury Recumbent Bike' by Ben Sterrett



Boards cup cake sale



**KNOX HIGHLAND
GATHERING**

**Sunday 9 September
Knox 1**

9.00am - 5.00pm

All Welcome!