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FROM THE TEAM LEADERS

This week I face a daunting task in writing in this week's newsletter. There is such an overwhelming mix of emotions and experiences this week. While I am watching quite a significant number of boys being a bit 'relaxed' in their approach in these final days, I remain conflicted whether I need to 'call them out'. This IS the end of

Year 12 and so much more. After a significant period of focus and effort academically in the Trial Exams, it would make sense for there to be a recovery and relaxation on the back of this effort. Still, there is quite a significant amount of work to be done in the Year 12 journey which has been a key area of focus for our boys for quite some time. I also feel the pull to curb the lax view of school at this juncture as teachers review exams and dish out precious feedback directly applicable to the pending HSC exams.

So I suppose, instead of trying to chart a singular message in this newsletter, I believe it valuable to recognise the mix of experiences and emotions. And, returning to a discussion of mindfulness and self-compassion, it is important for our boys to be able to step back and appreciate their own unique experience and have the ability to self-reflect on what is the best way for them to approach these final experiences. For some it will require greater diligence, for others it will be more attention given to savouring this time at Knox – the people, the relationships, and the traditions. This has really been where we've been heading with our boys. Hoping that they get to the end of Year 12 with a greater sense of who they are – moving towards both self-actualisation and self-regulation. The interplay of these two will put them in a position to thrive well beyond their time at Knox.

MATT CAVALLARO YEAR 12 TEAM LEADER

UPCOMING EVENTS

Friday 21 September

- Parent Breakfast with the Boys, Seniors' Hall, WSA, 7am - 8.15am. Click [here](#) for further details.

Monday 24 September

- Valedictory Ceremony, Great Hall, 10.30am.
- Valedictory Dinner, Miramare Gardens, 6.30pm

Friday 28 September

- End of Term and FINAL day of school. See the full calendar in [Parent Lounge](#)



FROM THE STAGE 6 ACADEMY TEAM

We have been very impressed with the way the boys have received their exam results and how they are actively working on using the feedback to continue their HSC preparation. A reminder that classes go right through until the last period on

Tuesday 18 September. The [Yr 12 Roadmap](#) outlines all the activities over the remaining weeks.

A few important activities we would like you to be aware of:

- Attached to this newsletter is a [program for subject seminars](#) in the last week of term. Please be aware that these are very important as each subject provides final guidance on HSC preparation. It is expected that all boys attend these important seminars.
- Today all parents will receive an email outlining details for booking a KAI appointment. his interview will provide a good opportunity to review the Trial performances and to set goals for the remaining weeks.

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[Year 12 page on the Portal](#)

- Bookings for KAI interviews will open on Monday 17 September.
- On Friday 21 September the Yearly Report will be issued through Student Café and Parent Lounge in preparation for the KAI interviews.
- Mentors are currently working with students to finalise the School Reference. These references will be made available through Student Café and Parent Lounge towards the end of Term 4.

We suggest that when the reference is made available, all boys download it with all their past school reports to their own computer. Access to the Portals will close mid-January.

We look forward to sharing in the Valedictory celebrations over the coming weeks.

ANDREW WEEDING AND GREG NUNAN STAGE 6 ACADEMY TEAM

