

VIRILE AGITUR



**KNOX
GRAMMAR
SCHOOL**



KNOX SPORTS AND AQUATIC ACADEMY PREP RUGBY COACHING CLINIC 2-6

Tuesday 23- Wednesday 24 April 2019



PREP RUGBY COACHING CLINIC 2-6

This clinic will have a strong focus on building the following skills: catching and passing, tackling and the tackle contest.

DATES:

- Tuesday 23 April 2019, 9am-12pm
- Wednesday 24 April 2019, 9am-12pm

LOCATION OF PROGRAM: Ireland Field, Knox Prep School

EQUIPMENT REQUIRED: Morning tea, rugby training gear, boots, mouthguard and a water bottle

COST:

Knox student
One day - \$60
Two days - \$100

Non-Knox students (inc GST)
One day - \$66
Two days - \$110

REGISTRATION: Please fill in all required information and only register through this link <http://bit.ly/aprilrugby>

MORE INFORMATION: Please contact Liz Smith at the Knox Sports Academy Office (smithl@knox.nsw.edu.au, 9487 0127)

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