



**KNOX
GRAMMAR
SCHOOL**



BOARDING WELLBEING CONFERENCE

When: Tuesday 27 August 2019, 8.30am-4pm
Where: Knox Grammar School, Wahroonga, Sydney

Following our highly successful Boarding Wellbeing Conference in 2018, we are pleased to announce a one day interactive conference for boarding staff and school counsellors. Evidence-based research and effective ideas will be shared regarding best practice and policies that inform wellbeing, within the context of boarding schools in Australia and abroad.

See page 2 for a full list of speakers and registration information.



Completing the Boarding Wellbeing Conference 2019 will contribute 5 hours of NSW Education Standards Authority (NESA) Registered PD addressing 1.3.2, 6.2.2 and 7.4.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

BOARDING WELLBEING CONFERENCE

Confirmed speakers



Dr Sarah Edelman (clinical psychologist)

Dr Sarah Edelman is a clinical psychologist, author and trainer. She worked for many years as a research psychologist and lecturer at the University of Technology Sydney, and continues to conduct workshops on Cognitive Behaviour Therapy (CBT) for mental health practitioners, psychologists, GPs and the public. Dr Edelman is the best-selling author of several books including 'Change Your Thinking' and 'Good Thinking: A Teenager's Guide to Managing Stress and Emotion Using CBT'. Dr Edelman's presentation style is interactive and practical; a combination of seminar and workshop.



John Burns (Shore School, Sydney)

John Burns is a clinical psychologist who has spent the last 20 years working in a large boys' boarding school in Sydney. His clinical and research interests are in the role of schools in early identification and prevention of emotional health difficulties in schools. John Currently works at Shore School as the Head of Counselling.



Jing Cao (Chinese Language and Cultural Advice)

Jing Cao is the Managing Director of CLCA. Jing is an expert in management consulting, cultural competency training and brand communication strategy. His clients include many universities, government agencies, industry associations, tourism destinations, and FMCG companies. He sits on many government and corporate advisory boards to provide China specific strategic advice, particularly in the areas of cultural intelligence, inclusion and diversity.



Kate Hilyard and Kaleb Taylor (Saint Ignatius' College Riverview)

Kate and Kaleb currently work at Saint Ignatius' College Riverview as the First Nations Education Coordinator and the First Nations Program Coordinator. They have an in depth understanding of a high school environment, having worked for Riverview for a combined 21 years. Previous to this, Kate has also taught at Loreto College in the UK. Kaleb is a Gamilaroi man from Quirindi in rural NSW.

Bookings and more information

Tickets are \$130 (group discounts available). Registrations now open at bit.ly/boarding-wellbeing.

For more information, please contact [Stacey Johnson](#).