

## YEAR 11 TEAM LEADERS

This week Year 11 were privileged to hear about the experiences of the boys who travelled to Cambodia as part of the Immersion program. Harry Millard, Damian Lam and Hamish O'Reilly spoke passionately about their experiences of teaching English in poor communities in Phnom Penh. There is sometimes a risk of overstating the potential for people to support those less fortunate, however, in this case these boys were actually able to live this experience which must make them even more grateful for the opportunities they are afforded. Service Learning is such an important part of the program at Knox and I hope it whets the appetite for others to try their hand at similar experiences.

Once again, leadership is at the forefront of many of the boys in Year 11. Consolidating on discussions from last week, not every person can be afforded the chance to 'lead' in the traditional sense but every person can demonstrate initiative, motivate others, display excellent communication and maintain a positive attitude. Mr Weeding reminded the boys this week of their ability to model positive behaviour through their actions to the younger year groups – I trust the boys will heed this advice.

As the yearly examinations approach, the boys will inevitably show signs of stress, which is often a result of negative experiences and perceptions. I would encourage you to familiarise with the work of Lea Waters, who promotes a strengths-based approach to parenting which can alleviate stress.

All the best for the weekend.

BETH GODDARD AND DUNCAN STEDMAN



### USEFUL LINKS

[Sport fixtures](#)

[Make a payment](#)

[Knox website](#)

[Careers](#)

[Year 11 page on the portal](#)

## STUDENT ADMINISTRATION OFFICER

A friendly reminder that if your son is away the day of an Assessment we require an [Illness and Misadventures form](#) to be completed by both parents and a Medical Practitioner. If he is away the day before an assessment (including Friday for a Monday assessment) a doctor's certificate is required.

There has been a change of date for the Pathway into US Universities and College. It will now be held on Tuesday 6 August in the WSA Lecture Theatre at lunch time.

Commencing Week 3, afterschool Mathematics Help will run on Mondays with Mr Miguel Nunes in room M0306. Everyone is welcome.

Tyson Bujak-Upton, Angus Menzies and James Riordan participated last week at the National School Swimming and Diving Championships in Melbourne. A big congratulations to Tyson Bujak-Upton who won Gold in the 4x50 Free Relay and 4x50 Medley relay, Bronze 200m and 100m freestyle and gold in the 40x100 relay. Angus Menzies won a silver medal for the 200m breaststroke and James Riordan won Bronze in the diving. Congratulations also to Mitch Westhuizen who has qualified to represent NSW at the Australian All Schools Cross Country Championships from 23-26 August in Wollongong (Kembula Grange).

Our Year 6 Rugby boys joined with players from the Senior 1sts and 2nds Rugby teams yesterday for a fun, combined training session Knox 1 Oval. The Prep boys were put through their paces by 1sts coach Tai Glassie and then joined the Senior School boys for a fun game of touch footy.

If your son has not returned his Jersey form, please ask him to complete it over the weekend and return it to me on Monday. Click [here](#) for the form.

Have a great weekend.

[Robin Cherry](#) 02 9119 0884

Opportunity = Vulnerability

Vulnerability = Courage

Courage = Rewards

ARCHIE GRAESSER (Y12)



### UPCOMING EVENTS

#### Tuesday 6th August

- Pathway into US Universities and Colleges  
WSA Lecture Theatre  
Lunchtime

#### Friday 9 August

- Football under lights V Barker  
Knox 1  
5.30pm start

#### Tuesday 13 August

- Photos - Winter Sports  
AFL, Rugby, Football,  
Sailing, Squash, Tennis  
Volleyball, Debating & Mock  
Trial Teams, Reps, Captains of  
Sports (Summer and Winter)  
Afterschool

#### Thursday 15 August

- Staff v Students Cricket match  
Lunchtime

See the full calendar in  
[Parent Lounge](#)

## UNIFORM SHOP DONATION SALE – ALL ITEMS \$5

Don't miss out! This flash sale has always been extremely popular. We will be holding the next one in Week 5, week commencing 18 August for one week only. This will include most uniform items that have been donated by parents or have been in our second hand stock for over two years.

If you have an item of uniform that you would like to donate, please ensure that it is clean and in good condition. Items may be dropped off from 12 August.

Due to hygiene reasons we cannot accept socks, bags or hats.

All proceeds of items sold will be donated to the Exodus Foundation as nominated by Mrs Helen Clarke. Their mission is to provide food, primary healthcare and crisis support to Sydney's homeless and marginalised. For more information, click [here](#).



## YEAR 6 RUGBY BOYS JOINED THE SENIOR SCHOOL 1STS AND 2NDS RUGBY TEAMS





## NEW SCHOOL APP FOR K-12

From Week 4 this term, to coincide with the end of the winter sport season, the School will be introducing a new K-12 app to replace the two existing Skoolbag apps. The new app is integrated with Parent Lounge which means that parents will be able to link directly from the app to Parent Lounge without having to re-enter login details once the app has been set up.

Notifications can be received based upon subscriptions to groups as in Skoolbag and parents will now also be able to accept excursions, submit absences, view filtered calendars, view newsletters and receive alerts and information. Links to the new Edsmart electronic forms will also be accessible from the new School app in the near future.

Details on how to download and set up the new app will be provided soon. Please ensure that your contact details are up to date in Parent Lounge so that you receive these important updates.



## NATIONAL SCHOOL SWIMMING CHAMPIONSHIPS



## OKGA MOST IMPROVED AWARDS - WINTER 2019

ACTIVITY	AREA	NAME
AFL	Opens	Adam Barnes
CHESS	Senior	Micah Zhao
KARATE	Senior Belts	James Tan
PIPES & DRUMS	Senior - Piping	Alexander Campbell
RUGBY	Opens	Archer Crozier
SWIMMING	Senior	Timothy Allan
TENNIS	Opens	Michael Drever
KAPA	Senior Brass	Elliot Albany
KAPA	Senior Percussion	Rishi Deshpande
KAPA	Senior Theatresports	Henry Barnes



**ABBOX Sony Foundation**  
**Children's Holiday Camp**  
 6th to 10th December 2019

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Role Descriptions: <https://tinyurl.com/ABBOX2019>

