



THE THISTLE

KNOX GRAMMAR SCHOOL MAGAZINE
DECEMBER 2018



THE THISTLE

KNOX GRAMMAR SCHOOL MAGAZINE

CONTENTS

// DECEMBER 2018

Knox Grammar School is a leading Australian day and boarding school for boys. Knox, a Uniting Church school from Years K-12, aims to develop, within a caring environment, young men of faith, wisdom, integrity, compassion and courage. Knox opened in 1924 and today offers an outstanding range of educational and development opportunities.

ON THE FRONT COVER

Kokoda Track 2018 – Ethan Taylor (Y10) and Luke Derry (Y11)

KNOX SOCIAL MEDIA

Facebook: facebook.com/knoxgrammar
Twitter: twitter.com/knoxgrammar
Instagram: instagram.com/knoxgrammar
Vimeo: vimeo.com/knoxgrammarschool

ACKNOWLEDGEMENTS

This edition of *The Thistle* was prepared by Eileen Aroyan, Publications Manager, Knox Grammar School.

Proofreading by David Hayes, photography by Paul Wright, Scott Cameron, Nick Stewart, Blue Murder Studios (Cybele Malinowski), Knox staff, students and parents.

CONTRIBUTIONS

The deadline for the June 2019 edition of *The Thistle* is 5 April 2019. OKGA contributions to okga@knox.nsw.edu.au. General contributions to publications@knox.nsw.edu.au.

DESIGN

Stephanie Tesoriero, stephanietesoriero.com

PRINT

The Thistle is printed by SKS Printing (www.sksprinting.com.au) on ISO accredited Neo Matt. Neo Matt is manufactured using wood fibre from sustainable forests and made from elemental chlorine free bleached pulp.



05



16



20



30



32

- 03** From the Headmaster
Courage - the new core value of Knox Grammar School
- 05** From the Chairman of School Council
Thank you to Mr Peter Roach
- 06** Around the Grounds
Celebrating achievements and success stories across the School
- 16** Knox Preparatory School
All pillars of Knox Total Fitness support our Prep boys' learning journey
- 20** Wahroonga Preparatory School
Using Positive Psychology to help identify character strengths
- 29** Kokoda Track 2018
Walking in the footsteps of Australian servicemen and women
- 30** Social Justice
It has been another fulfilling year championing important causes and supporting the work of a number of charities
- 32** Knox Boarding
Boarders across all stages share their experiences of what it's like to be a Knox boarder
- 34** Community
It was a festive Knox Gala Day on Saturday 2 June
- 36** Old Knox Grammarians
Events and news of Old Boys

FROM THE HEADMASTER

COURAGE



WORDS BY
Mr Scott James, Headmaster

Keep alert, stand firm in your faith, be courageous, be strong.

– First letter of Paul to the Corinthians 16:13

Earlier this year, the School Council and I made the decision to add Courage to our core Knox values of Faith, Wisdom, Integrity and Compassion.

Contrary to what myths and legends may communicate, courage isn't super-human.

Courage is a core value of our School because it encourages us to stand up for what we believe is right. It is about a life-long process of challenging ourselves to be the best that we can be.

We actually display courage in everyday choices we make but, unfortunately, today's world tends to safeguard young people from developing much of it. When we cling to what's familiar or comfortable, we tend to eliminate risk. Unfortunately, risk is a prerequisite for courage. When we risk too little and rescue too quickly, we diminish a person's chance to grow courage.

Our School motto, 'Virile Agitur' (*the manly thing is being done*), requires us to be courageous. It takes real courage to be a person of integrity. It takes

courage to show compassion. It takes courage to live out our faith. It takes courage to make good and wise choices.

Many times our students will be asked to show courage for their actions while here at Knox Grammar School. It may be during a sporting fixture when months of hard work lead to that one culminating race or game. When they do not know if they will win or lose, but still have the courage to face that unknown and give their best for a desired result.

It may be the first day at Knox, walking through the gates for the first time, having the courage to take that initial step and start their journey as a Knox student. For graduating students, they will need courage to face one of the greatest unknowns in their lives when they walk out the school gates for the final time into a world they have never experienced, one without certainty or the security of knowing they will see their friends tomorrow at Knox.

We want our students to have strength of character and confidence in doing what is right, to be good of heart and to live a life of integrity. We also want our students to be creative and resourceful - the kind of people who step out in faith and try risky things.

CONTINUED ON PAGE 04 >



The challenge our young people face, often daily, is whether they have the courage to do the right thing at the right time in the face of enormous social pressure to do otherwise. I believe it is important to teach children the word 'courage' in the context of making the right decisions. They already know what the right decision is. They also know that it is hard to do the right thing. The good news is courage, just like fear, can be contagious. When a student takes a stand on what is right, they often give permission to others to do the same.

Doing the right thing is an act of courage and should be honoured as such. It is equally important for teachers and adults to recognise courageous acts and use the word 'courage' to honour students who have the courage to stand up for what is right and to demonstrate personal leadership when challenged.

Students must be courageous enough to strive to realise their most aspirational of goals, and they must have the courage to accept excellence as the standard in all that they undertake. As the principle says, 'To whom much is given, from him much is expected.' Students must understand that with privilege comes responsibility and they must have the courage to accept this responsibility they have to all who share their world.

Research indicates that courage is also linked to positive educational outcomes - particularly in the face of fear and anxiety. Professor Andrew Martin, Co-Chair of the Educational Psychology Research Group in the School of Education at the University

✱.....✱

"Our School motto, 'Virile Agitur', requires us to be courageous. It takes real courage to be a person of integrity. It takes courage to show compassion. It takes courage to live out our faith. It takes courage to make good and wise choices."

✱.....✱

of New South Wales, explains, "Courage is defined as perseverance in the face of academic difficulty and fear."

He goes on to say, "an extra benefit is that teaching our children perseverance in the presence of fear may be a way to build their confidence - if they achieve positive outcomes as a result of being courageous, that courage may then become a springboard to confidence."

When we develop courage in students, we enable them to take appropriate risks, to take initiative and act - in short, to be a confident decision-maker and a responsibility-taker. When young people make decisions to engage in small acts, this can eventually lead them down the road toward more global acts of courage.

As a school, I believe Knox cannot approach prominence or intergenerational sustainability without the risk-taking and courageous actions of its leaders. Through strength of character and determination, our community must have the courage



to accept new challenges and explore new paths as we actively embrace and initiate change.

For the School to achieve its objectives, we need to be prepared to initiate and participate in courageous conversations and, just as importantly, take courageous action that will enhance the learning experiences for students.

For these very reasons, we have added 'courage' as the School's fifth core value.

GRATITUDE

WORDS BY

Mr Peter Roach (OKG79), Chairman of School Council



This is my final message in *The Thistle* before I formally step down as Chairman after Presentation Day on Thursday 6 December.

During my 18 years on the School Council, I have been overwhelmed at the level of commitment shown by the outstanding people who comprise the Knox community.

Knox Grammar is still a relatively young school - certainly the youngest of all the CAS schools as well as all the other independent private schools on the North Shore. Yet so much has been achieved in the 94 years of its existence. These achievements are the product of a dedicated community which has worked collaboratively to ensure that Knox boys have the best possible education available in Australia.

I want to take this last opportunity to sincerely thank the parents, Old Boys, teachers, School Councils, Uniting Church and, of course, Knox students themselves, who have, together, worked to ensure that Knox is an exemplary school, dedicated to the development of students of 'Faith, Wisdom, Integrity, Compassion and Courage'. It has been humbling to have been a part of such a nurturing community.

My thanks extend to the community of Wahroonga Preparatory School, now an integral part of Knox Grammar.

I also want to pay tribute to the current School Council, a group of 11 collegial, intelligent and dedicated men and women who bring their varied



01



02

expertise to support the Headmaster and Executive in charting the strategic direction of the School. Simon Rothery will be an outstanding Chairman and I know he and the Council will work effectively with Headmaster Scott James in navigating Knox through a new era of leadership for the benefit of the students. No achievement of the Council has been more gratifying than seeing a School Executive so engaged, with a strong set of values, who are dedicated to the learning and welfare of each student.

Whilst the physical assets of the School are a tangible reminder of why we strive to achieve an environment in which the students can flourish, those intangible assets of community and ethos provide the necessary foundations to make this possible.

I want to acknowledge the very special Knox community - which has existed and evolved throughout its history - that has ensured that Knox's vision and values are brought to life.

Without diminishing the achievements of the past (and to paraphrase US President Ronald Reagan) - Knox Grammar's best days are yet to come. Our proudest moments are yet to be. Our most glorious achievements are just ahead.

Thank you. It has been a pleasure to serve the School.

PETER ANDREW ROACH (OKG79) RECORD OF SERVICE HIGHLIGHTS AT KNOX GRAMMAR SCHOOL

KNOX GRAMMAR SCHOOL STUDENT

- Attended Knox Prep and Knox Senior School 1969-1979 (11 years)

RUGBY REFEREE

- Knox Grammar Rugby Referee 1977-2012 (35 years)

KNOX FOUNDATION

- Joined Knox Foundation as a Fellow in 1989
- Treasurer, Knox Foundation, 1994-2000
- Deputy Chairman, Knox Foundation, 2000-2013
- Chairman, Knox Foundation from 2013 - Present (coinciding with School Council Chair)

OKGA

- Joined OKGA committee in 1994
- Vice President, OKGA, 1995-1997
- President, OKGA 1997-2000

KNOX GRAMMAR SCHOOL COUNCIL

- Joined School Council in 2001
- Treasurer and Chair of Finance & Audit Committee, 2001-2009
- Deputy Chairman, Knox Grammar School Council, 2007-2013
- Chairman, Knox Grammar School Council, 2013 - December 2018

PARENT OF THREE KNOX OLD BOYS

- Lachlan (OKG07), William (OKG09), Alexander (OKG11)

01-02 On behalf of the School, we thank Peter and Robyn Roach for their dedicated service to the School.

AROUND THE GROUNDS



PREP SCHOOL – GRANDPARENTS DAY

The boys enjoyed spending time with their loved ones at Grandparents Day. The Knox Pipes and Drums entertained the special guests.



100 DAYS OF KINDY

Celebrating 100 days of Kindergarten with activities and cake! What a learning journey it's been so far for the youngest boys at Knox Prep.



INVICTUS GAMES

As an introduction to the Invictus Games, the boys from Knox Prep welcomed Adrian Talbot, a competitor from the 2014 Australian Invictus Games Team, and the Invictus Games Sydney 2018 mascot Cobber to Knox Prep.

Years 3-6 later cheered on the Sitting Volleyball athletes at the Games. Knox Prep was chosen by Australian naval athlete Mark Daniels to be given a memento of an 'Australia in the Great War' bear.

CAS DRILL SQUAD

Poise, precision and self-discipline: congratulations to the Knox Grammar School Cadet Unit Drill Squad which won the CAS Drill Competition, ably led by RSM Will Kablau (Y11).



PIPES AND DRUMS

The Pipes and Drums Annual Dinner celebrated another successful year.



CHRIS O'BRIEN LIFEHOUSE FOUNDATION

Students from Knox Prep attended the 5th Birthday of the Chris O'Brien Lifehouse, a cancer treatment centre in Camperdown. The Jazz Band also performed as part of the visit.



PINK SOCK DAY

To show their support for the work of the McGrath Foundation for Cancer Research, a Pink Sock Day was held at Knox Prep.



JEANS FOR GENES DAY

Boys from Knox Prep were out in force wearing their denim for Jeans for Genes Day, to support the Children's Medical Research Institute.



BOARDERS' CHAPEL DINNER

The Boarders' Chapel and Dinner farewelled our Year 12 boarders and celebrated their contributions to the School. Headmaster Mr James is pictured with 2018 Senior Boarder Noah Derwent (right) and 2019 Senior Boarder Angus McHue (left).

BACK TO THE PREP

Year 12 boys who attended Knox Prep went 'Back to the Prep' to reminisce and see their old teachers in September. Pictured with his original class is Mr Voysey (top right).



FLYNN BRYANT

To the edge of space! Flynn Bryant (Y11) successfully flew a weather balloon above the Earth's atmosphere and captured amazing footage of the earth, sun and moon.



CADET CHAPEL AND PASSING OUT PARADE

The Cadet Chapel Service and Passing Out Parade held in June fondly farewelled the Old Guard of 2018. The event was attended by COL (AAC) Richard Morgan - National Assistant Commander and Head of Corps, as the Reviewing Officer. He was accompanied through the grounds by Cadets SUO Michael Gee (Y12) and Commanding Officer of the Cadet Unit, Mr Henniker.



FAREWELL YEAR 12

After 13 years of schooling, a fond farewell was issued to Year 12 2018 at their Valedictory Ceremony and Dinner in September.

AROUND THE GROUNDS



MÉDECINS SANS FRONTIÈRES

Year 7 participated in a student-led initiative, 'Can Year 7 power a hospital in Syria for one day?', to fundraise for Médecins Sans Frontières/Doctors Without Borders (MSF). Well done to the boys who, with community support, raised more than \$25,000 for MSF.



CONGRATS!

Congratulations to Lachlan Ifield (Y5) who was awarded two Gold Medals - one in the Boys 10 Years Freestyle event and another in the 11-12 Years Freestyle Pairs - at the World Rope Jumping Championships.

COMPASSION IN ACTION

Year 5 boys have been busy working in small teams to research and support a cause or charity – even donating their time to their chosen cause. On Friday 2 November, the 'Compassion in Action' Expo was held for the boys to showcase their work to the community.



STEM EXPO

Now in its second year, the STEM Expo featured organisations from a wide variety of industries which are using science, technology, engineering and maths to innovate and solve problems. Well done to the team of students who led this initiative.



CAS TRACK AND FIELD CHAMPIONSHIPS 20 SEPTEMBER

More than 80 athletes represented Knox at the CAS Track and Field Championships with three CAS records broken by Knox boys. A further 56 personal best times and distances were recorded in the competition. Well done!



JOHN LINCOLN AWARD FOR OUTSTANDING SERVICE FOR OTHERS

In 1992 the late Dr John Lincoln AM, on behalf of New South Wales, created a new initiative for young people to be awarded the Youth Community Service Awards. Each year 20 candidates are selected and honoured at a special ceremony at Government House in Sydney. Congratulations to Lachlan Walker (Y12) on being awarded the John Lincoln Award for Outstanding Service for others.



HISTORY TOUR

Bringing their textbooks to life: the History Tour was held in the June/July holidays with boys and staff visiting iconic landmarks across England, Germany and Italy. One highlight included a tour of the Nurnberg rally grounds where the boys visited many famous WWII landmarks.



PAUL KELLY CUP

For the second year in a row, we congratulate the Knox Prep AFL Team which won the AFL NSW/ACT Paul Kelly Cup in August. The competition, for Years 5 and 6 students, involved more than 850 teams and 14,000 students from across NSW and the ACT.



NSW POLICE COMMENDATION

Tom Paterson (Y10) received a Commander's Commendation from the NSW Police Force for rescuing a drowning 74 year old woman at Cellito Beach near Forster in January. Congratulations, Tom.



NSW OPEN CHESS CHAMPIONS

Congratulations to our Open Chess Team which competed against older, more experienced players to place Knox as the Premier Chess School in NSW for 2018. The team went on to represent NSW at the Australian Schools Teams Chess Championships where they placed second.



PREP THEATRESPORTS

Well done to the Prep Theatresports Team of Saxon MacDonnell, Nick Bull, Henry Andersen, Zoltan Reed and Lachlan Petty, who contested the final of the Primary Theatresports Schools Challenge.



YOUNG ICT EXPLORERS

Aditya Banik and Cameron Gee (Y9) received a merit award for their project, 'Solar', in the Young ICT Explorers Competition - congratulations!



TAS DISPLAY NIGHT

The TAS Display Night showcased HSC projects across Design and Technology. Congratulations to all award winners. The John Butters Award for Innovation in Design and Technology was awarded to Benjamin Sterrett (Y12).

AROUND THE GROUNDS



MEET OUR NEW PREFECTS

Congratulations to our 2019 Senior School Leadership Team led by School Captain, Thomas Constable (Y11).



BE THE CHANGE AGENT

Year 10 teams from Knox and Ravenswood School for Girls participated in a 'Be the Change Agent' initiative which saw students pitching their charity and not-for-profit ideas to a 'Shark Tank' panel. The winning idea was to increase awareness and donations for the Fred Hollows Foundation by using virtual reality technology.

A WIN FOR THE KNOX JAZZ COMBO

Congratulations to the Knox Jazz Combo which won the inaugural Fine Music FM School Jazz Combo Competition. The ensemble is pictured after their heat performance with Cocurricular Music Facilitator, Mr Chessher.



PREP MUSIC JAZZ BAND

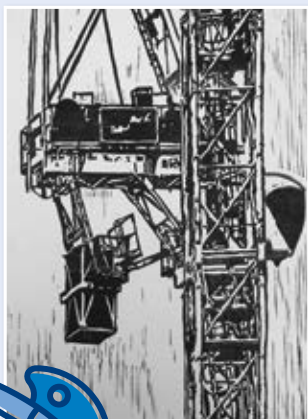
The Knox Prep bands have once again astounded and entertained the crowds at the 57th NSW School Band Festival, taking home gold across all the categories in which they performed. Congratulations to the Junior Band, Intermediate Band, Senior Band, Performance Ensemble and Jazz Band (pictured with conductor, Miss Morris).



ORIENTATION DAY

Boys commencing next year were welcomed during Orientation Days held in November to get a taste of school life at Knox.





ARTEXPRESS

The following students' Visual Arts Major Works have been nominated for ARTEXPRESS: Eric Bang, Jordan de Vries (pictured 'Uprise'), Oscar Ley, Joshua McInerney, Henry Partridge, Sattapattana (Euro) Ruangvanish, Cooper Ruthven and Maxwell Zagorski.

Henry Partridge, Euro Ruangvanish and Maxwell Zagorski are further congratulated on their selection for inclusion in ARTEXPRESS.



ONSTAGE

The following students have been nominated for OnSTAGE, the HSC Drama Showcase: Barney Allen, Toby Buchner, Hamish Cole, Noah Derwent, Peter Sherlock (pictured Group Performance, 'Cuckoo'). Individual performance nominations include: Arthur Lees, Crawford Lees and Oscar Ley.

We congratulate Ricky Somaiya who has been selected for his individual Theatre Review project.

The 'Cuckoo' group performers have also been selected.



MOUNTAIN BIKING

Knox hosted the second round of the Mountain Bike inter-schools competition at the Terrey Hills BMX track. Over 135 riders contested the 2km course.



NSWPSSA BRONZE

Congratulations to the Prep 4 x 100m relay team (James Harden, Lachlan Graham, Boston Penfold and Oliver Dawson) which finished the NSW PSSA Track and Field Championships in third place in the 12/13 years event.



SHAPE AND INTECH

The following students' Major Works have been nominated for the SHAPE and InTech Exhibition.

Design and Technology: Gilbert Garrett, Jack Gutmann, Oliver Heys, Thomas Lee, Patrick O'Day, Joshua Owens, Sattapattana (Euro) Ruangvanish, Benjamin Sterrett, Felix Walsh and Harrison Ward.

Industrial Technology: Joseph Asnicar, Finn Harricks (pictured 'stand up paddle board'), Dylan Pathirana, Aiden Norman Robertson, Conor Rockwell and Zachary Stewart.

Congratulations to Dylan Pathirana on his selection for InTech.

KNOX IN CONCERT

Knox in Concert showcased a stellar range of entertaining performances across the Knox Academy of Performing Arts. Congratulations to all instrumentalists, vocalists, dancers, comperes and tech crew members who together created a wonderful evening for the audience.

AROUND THE GROUNDS



ENCORE

The following students have been nominated for ENCORE, the HSC Music Showcase (l-r): Hamish Cole, William Hordern, Jason Henery and Kevin Sun.

We congratulate Jason Henery who has been selected for his composition Major Work, 'Counterparts'.



SHAKESPEAREAN EXPERIENCE

Years 9 and 12 (2019) were provided a great insight into their study of Shakespeare when they attended a performance of 'Macbeth' at the Pop-up Globe Australia Theatre in Moore Park.



VICTORIA CROSS

Corporal Dan Keighran VC (centre), recipient of the Victoria Cross for Australia, spoke at a Senior School Assembly on courage, bravery and "knowing what you stand for." He was accompanied by Dr Brendan Nelson AO (left), Director of the Australian War Memorial.

WINTER SLEEPOUT

WORDS BY

Adam Soonius, Year 10 student

In June 2018, 21 Year 10 boys from Mr Fitisemanu's mentor group, known as the 'Men of Valour', braved the cold to participate in Mission Australia's Winter Sleepout to raise awareness and funds for the growing and serious issue of homelessness in our communities.

We chose to support this event after becoming aware of the fact that children are one of the largest groups of Australians experiencing homelessness. On any given night, there are over 25,000 Australian children who experience homelessness. Homelessness affects people of all ages and has become an intergenerational issue. Young people (under 25) make up 38 per cent of our homeless population. We also learned that homelessness has increased almost 14 per cent in five years, outstripping population growth at nine per cent. Most homeless people identify domestic violence or family circumstances as the cause of their homelessness. For the Knox boys, sleeping outside on the ground in winter was chilly and uncomfortable, but we were enthusiastic to raise awareness about conditions faced by the homeless.

"Although we didn't have a real idea of what it feels like to be homeless, we gained some insight into what it's like to miss the simple things in life that we often take for granted," commented one of the Knox boys. "Apart from missing out on security, companionship and the comforts of home, homeless kids don't have the opportunity to have a friend over after school and may find it difficult to keep going to school."

During the sleepout, the Knox boys kept themselves busy by preparing cardboard boxes to sleep on and sewing together warm, thick blankets to donate to the Hornsby Ku-ring-gai Women's Shelter.



The Shelter provides temporary safe and supported accommodation for women who experience homelessness or domestic violence.

The experience was also valuable in consolidating friendship bonds and values within the mentor group as we passed some time playing cards or board games.

Another participant added that "the experience provided us with great camaraderie as well as a strong sense of compassion for those who are really in dire circumstances for much longer periods of time."

We hope to continue to advocate for this important cause and let the homeless know they are not forgotten. This was a valuable experience for all involved and we would like to especially thank Mr Fitisemanu for organising the event and inspiring us to become a voice for positive change in our community.

Overall, we exceeded our fundraising goal and raised \$860, which can house three young people for nearly three months at one of Mission Australia's crisis centres.

SENIOR LEARNING AND COLLABORATION

WORDS BY

Mr Phil O'Regan, Deputy Headmaster, 7-12 students



In ensuring our boys are learning in a positive and encouraging environment, we continue to consider opportunities to promote a culture of personal and shared excellence.

In establishing the culture, our leaders in the Weeks Senior Academy (WSA) have deliberately established norms, rituals and symbols for the boys, together with encouraging each year group to build on the legacy of their predecessors as they write their story. This positive influence of modelling by the senior students has had a significant effect on the tone and culture of the environment in the WSA.

Social modelling is a powerful strategy and we have seen the development of a wonderful academic culture, arising from the modelling and influence of our senior students. At the outset, the WSA was designed on the inspiration of Albert Bandura's 'Social Learning Theory', which declares behaviour is learned from the environment through the process of observational learning.

Translating this theory to practice requires substantial consideration, intentional design and ongoing attention. Much consideration has been, and continues to be given, to the development of the resources and programs offered to our senior students. One of our focus areas has been the role our staff and academic mentors play in ensuring the learning space is an environment which

embodies the key aspects of Bandura's theory, offering our boys the opportunity to learn from and alongside one another.

Across the course of the day, you will see large numbers of boys collaborating in small groups, discussing ideas, as well as offering assistance to one another. This continues outside of school hours, where the facility remains open into the evening, with large numbers of boys remaining on campus, continuing to work alongside one another, or accessing individual and small group academic tutoring and assistance. Academic mentoring is provided by specialist Knox staff, along with high performing recent Old Boys. Anecdotal and survey responses from graduating Year 12 students has shown the boys value this highly, particularly the modelling and assistance provided by Knox graduates.

In recognising the maintenance of effective study routines and habits are crucial, the senior facility remains open to our boys throughout the break, on Sundays and well into the evenings. Continuing the focus on maintaining effective routines and offering tailored academic support, large numbers of senior boarding students have remained on campus during the holiday period to prepare for their HSC. Designed by the Boarding team, a program of academic tutoring and mentoring, together with peer coaching and encouragement, has seen Bandura's social learning theory flourish in the boarding community.



Towards the conclusion of Term 4, Year 10 students are invited to the WSA. This forms a rite of passage to Senior School and serves as an opportunity for the boys to gain an insight into the culture established by the senior boys in the WSA, prior to joining this learning community as Year 11 students.

WELCOME TO THE DEPUTY HEAD OF KNOX PREPARATORY SCHOOL

WORDS BY

Mr Michael Quach, Deputy Head of Knox Preparatory School



After starting at Knox Prep at the beginning of Term 3, I have been overwhelmed by the warm, caring and collegial culture of the Knox community. The breadth of the academic and co-curricular programs are impressive and the students are fortunate to have so many opportunities available to them.

In this newly created role, I am responsible for assisting the School to realise its vision and mission to be an exemplary school developing, within a caring Christian environment, young men of integrity, wisdom, compassion, faith and courage, men with a sure knowledge of who they are and how they should live.

On a day to day basis, I provide leadership in many areas across the School including curriculum, staffing, operations and student wellbeing. As we race towards 2019, I am looking forward to working closely with Sue Floro (Head of Knox Preparatory School) and my counterparts in the Senior School to strengthen the academic, wellbeing and student leadership ties between the two campuses.

For the last seven and a half years I have been working at Cranbrook School, which is an all-boys independent school located in Sydney's eastern suburbs. During my time there, I held various roles including Year 6 Classroom Teacher, Deputy Head Pre-school-Year 2 and

Deputy Head of Pastoral Care Pre-school - Year 6. Prior to Cranbrook, I worked at Bellevue Hill Public School for five years as a Classroom Teacher on Stages 2 and 3.

Over the coming months and terms, I look forward to getting to know all of the boys in the School and meeting as many parents as I can. I am thrilled to have started at Knox and feel very privileged to be a part of this special school community.

01 Mr Quach (second from right) together with Mr Mark Hitchiner (Prep School Teacher, right) welcome Cobber (the Invictus Games Mascot) and Mr Adrian Talbot (Spokesman) with Prep Year 6 students Heath Turner, Noah Pillinger and Henry Anderson.

ENCOURAGING 'SAFE RISKS' COULD HELP REDUCE ANXIETY

WORDS BY

Dr Rebecca Lazarus, Knox and Wahroonga Prep Psychologist

Knox and Wahroonga Prep Psychologist Dr Rebecca Lazarus has completed a PhD with Macquarie University to research how encouraging children to take 'safe risks' can reduce anxiety.

Encouraging your kids to climb higher or run faster, challenging them to a running race, or letting them lose a game are all characteristic of a style of parenting that could reduce the risk of childhood anxiety.

Can you describe your research project briefly?

I looked at the relationship between a newly defined parenting construct "challenging parenting behaviour" and childhood anxiety disorders. It's an awkward term due to the translation from Dutch, however it describes parenting that models confidence to the child, encourages bravery, promotes taking "safe risks", and exposes the child to novel and/or feared situations.

What made you pick this topic?

An enormous amount of research to date has focussed on the relationship between parenting and childhood anxiety disorders, with a particular focus on the how certain parenting behaviours are associated with increased risk for childhood anxiety disorders.

One of the limitations of this literature is an extensive focus on the role of mothers, almost ignoring the role of fathers' parenting. I chose this topic because challenging parenting behaviour was suggested to be a type of parenting that fathers may be particularly inclined to utilise, and I was interested in knowing more about the father's role. I also chose this topic, because I was interested in looking further into parenting behaviours that may be protective against the development of childhood anxiety disorders.

Is there evidence that anxiety is on the increase for young people?

Whilst we don't yet have evidence in Australia that anxiety at the disorder level is on the rise, we have evidence that there is an increase in anxiety symptoms being reported.



How should parents be encouraging risk taking?

Prior to telling parents what they "should" do, we need to be able to look at the impacts of this parenting behaviour longitudinally. However, what this research is promoting is trying to support parents in being less overprotective (sometimes referred to as "helicopter parenting"), which may sometimes mean that the parent needs to put their own fear or nerves aside, to encourage their child to climb that little bit higher on the play equipment, or to approach something they find scary, or even to try new things.

Do we know why the risk taking reduces anxiety?

When a child is able to face safe risks on their own, it teaches them self-confidence and independence ("I can do this without mum/dad's help"). When parents step in too early, or does things for the child that the child is actually capable of doing themselves, it teaches the child that they can't do this, or that the world is unsafe and their parents need to always be there to protect them from this.

.....*

"When a child is able to face safe risks on their own, it teaches them self-confidence and independence."

.....*

Is there a difference in the results between mothers and fathers, and boys and girls?

We only examined preschool aged children in this particular study, however we found no difference in the results of parents of boys compared to parents of girls.

Australian mothers had slightly lower levels of challenging parenting behaviour than Australian fathers and Dutch mothers and fathers, however these results need to be replicated. What is important to note is that both mothers and fathers engage in challenging parenting behaviour, and that, regardless of parent gender, challenging parenting behaviour was found to have a negative relationship towards childhood anxiety disorders (i.e. that greater challenging parenting behaviour was associated with fewer anxiety symptoms, and less likelihood of an anxiety diagnosis in the children examined).

CONNECTIONS THROUGH ACTIVE PARENT INVOLEMENT

WORDS BY
Mrs Christine Gray, K-2 Coordinator



An integral part of the Knox Total Fitness model is developing relationships. Vital to the development of the whole child and supporting their well-being is the relationship between school and home.

Enabling an active connection with your son's education will nurture their learning at home, reinforce the school curriculum, and develop strong relationships with teachers and the wider school community. Effective partnerships focus on student needs and are motivated by a common and shared purpose.

'It's so exciting to have daddy here to see what I can do.'

The feeling of community could be felt through laughter and camaraderie on Friday 31 August as mums stood side by side making connections and sharing experiences. The K-2 community led the way by raising money and awareness of our farming families and the drought in the Knox 'Buy a Bale' appeal. K-6 boys and staff came to school dressed as farmers and generously donated to this worthy cause. Whilst the K-2 community proudly baked up a storm and worked tirelessly to raise a combined amount of over \$5,000.

Connections between dads were established when Kindergarten boys shared games and a meal at the Kindergarten Father's Day Breakfast. This was a magical opportunity for dads to experience Knox with their sons. Boys interviewed their dads about their aspirations, completed a portrait of him, played chess or a game of golf and shared a story. Many dads proudly wore a tie their son made for them and beamed with pride as our littlest boys sang loud and strong - so excited to share the morning together.

"When parents, students and the School work together, it is possible to accomplish great things."

By lunchtime the rains were coming down as our Year 1 and Year 2 dads joined us for the inaugural BBQ & Build. Using Makeado; which is a cardboard construction system for 21st Century thinking, making and play. The boys worked in teams with their dads to complete a challenge developed in recognition of the problems being faced by our farmers. Teams were required to build a shearing shed to store food and equipment; a tractor to work in the paddocks; a farm animal and a scarecrow to protect the crops.

YEAR 5 VISIT THE BATHURST GOLDFIELDS



Gold panning, visiting the Bald Hill Mine Shaft and the Lucas Caves were all part of the highlights from Year 5 Camp. Oliver Smith (5P) recounts his experience panning for gold.

"The cold air hit us like a wall of ice and we jumped out of the bus. We headed down to the creek, then sat down. We got a quick explanation, then we jumped straight in. We got our pan of dirt and knelt down cautiously beside the creek. I put my hand in to test the water and it was absolutely freezing! I was lucky enough to find gold and crystals but sadly, I lost my findings later that evening."

Laughter filled Ireland Field as dads connected with the sons and made new friendships. Creating these opportunities for father - son relationships through a variety of experiences enhances memories and helps to develop strong connections.

Research shows that a sense of belonging to a community is a key factor in becoming resilient. Boys are more resilient when they feel they are a valuable part of the community. Family, school and community partnerships support positive parent engagement and bring together family and community resources to enrich student learning and wellbeing.

01 An amazing time of creative building and bonding at the inaugural BBQ and Build.

YEAR 4 SUSTAINABILITY

WORDS BY

Miss Rebecca Burgmann, Year 4 Team Leader



This term, Year 4 have been studying the sustainability of environments, both nationally and globally. The boys looked closely at the Murray Darling River and how the surrounding environment both impacts and is impacted by this particular ecosystem.

They chose two of their own environments and compared the similarities and differences between these. The boys looked in depth not only at how the environment is used, but in particular how it is managed and by whom. They looked at the changes in this environment over a period of time and how these changes have impacted the surrounding flora, fauna and people that use this area.

The boys found that some environments are used predominately by the animal kingdom, but also found interest in the multiple ways humans use the environment too. For example, humans use particular plants and wood for medicinal purposes.

The boys learnt not only the importance of these environments in providing for both animals and

humans, but how managing the environment for future generations is vital to ensure the products are available for many years to come. The boys also learnt about the plants and animals that occupy these environments depending on the environment's location in the world.

In particular, its proximity to the equator and what this meant in terms of the environment's climatic conditions. The boys found this an incredibly interesting unit and, in particular, enjoyed learning about the different species within their chosen environment.

SERVICE LEARNING

WORDS BY

Mr Glenn Stephenson, Year 3 Team Leader



Service Learning is a crucial aspect of school life within Knox Prep and the importance of taking part in this is underpinned by each of the five School values. In Year 3, our ultimate goal in Service Learning is for all students to support the local community and make a difference to the lives of others. In light of this, the boys have taken part in a variety of Service Learning initiatives throughout the year in order to give back to those who are less fortunate.

Our primary Service Learning initiative in Year 3 is 'The Dish'. In partnership with St John's Uniting Church Wahroonga, students assist local homeless

people by providing a meal for them on Friday each week. The boys are actively involved in the process of buying ingredients and preparing various meals before they are collected and served by staff and other volunteers.

In addition, students have been involved in a number of fundraising events throughout the year such as 'Jeans for Genes Day'. This important initiative assists the Children's Medical Research Institute in order to find treatments and cures for the one in 20 children who are born with a birth defect or genetic disease. Apart from the sea of denim proudly displayed by the boys on the day, students also contributed a gold coin donation towards this most worthy cause - every dollar raised went directly towards supporting this ongoing research.

Later in Term 3, the 'Buy a Bale' campaign was held across the Prep School in order to provide much-needed relief to the farmers who have been affected by the current drought which continues to impact many parts of rural Australia. In response to this important fundraising event, the boys

generously supported the School's efforts to buy as many bales as possible for those farmers in desperate need.

Throughout the year, it has been incredibly pleasing to witness the ongoing commitment which all of the Year 3 boys have demonstrated towards the various Service Learning initiatives held. All students are encouraged to remember the importance of Service Learning within the community and are also reminded to continue searching for ways in which they can make a difference in the world, no matter how small it may seem. The boys have certainly developed the realisation throughout their initiatives in 2018 that 'we can all make a difference'.

01 Year 4 enjoyed their Rivers Excursion to Bobbin Head

02 Year 3 boys with their prepared meals outside 'The Dish' van

YEAR 6 TRIP TO CANBERRA

WORDS BY

Orlando Smith, Year 6 student, with Mr Liam Flanagan, Year 6 Team Leader



01

Canberra was without a doubt one of the most anticipated moments of the year for me. We had left Knox Grammar at the break of dawn, and I could sense the excitement in the bus. After a trip filled with 'Mighty Ducks' movies and a bus ride that felt like it went on forever, we finally arrived at Canberra.

Our first stop on day one was at the Australian Museum which held gold, a thousand-tonne heavy digger and even an abnormally large horse heart. There we played games and searched for many items and names of historic Australians. Next was Parliament House. There we saw the Senate, House of Representatives and many clocks. We also did a role play, as if we were part of the House of Representatives. At Parliament, we learned a lot about the history and jobs in government. That day we arrived at Gold Creek Resort, got organised and had dinner. Later that night we went on a tour around Canberra.

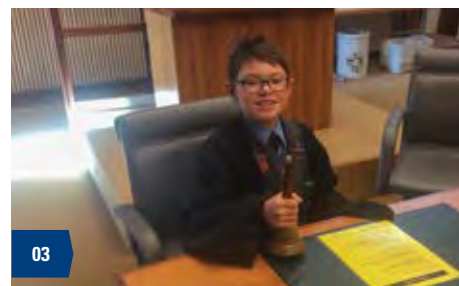
The next day we went to Old Parliament House. There we would learn about the government decades ago and we even got to go to the old Senate, where we would gain great knowledge of how the Senate

ran. Next up was the War Memorial. The War Memorial was one of my favourite places to visit on the Canberra trip. It was filled with old army vehicles, weapons and displays of the battlefield. There were even simulations to make you feel like that you were in a military helicopter, about to encounter war. I was even lucky enough to place a poppy in the grand building covered in tiles. That night we went to the Australian Institute of Sport (AIS). At the AIS we toured part of the place and saw a volleyball practice in action. We got to play some games that involved rock climbing, arm wrestling and basketball.

On the last day, we visited an art museum and Questacon. I was mostly excited for Questacon, as it had been hyped up to be amazing. The art museum displayed all types of art such as Indigenous art and Chinese art. We also got to test out some VR goggles. A lot of the art at the museum told a story about the artists' lives and struggles. It was very interesting. It was now time for the moment that I had been waiting for, Questacon. Questacon didn't at all let me down. The shop was filled with great toys and books and the games were even better. There was a show based around music; it was very funny and informative. We then had some delicious pizza for lunch and it was now time to head home. The bus



02



03



04

trip home wouldn't be a real bus trip without, of course, another 'Mighty Ducks' movie.

01-04 The Year 6 Canberra Trip was full of highlights!

BOOK WEEK AT KNOX PREP

WORDS BY

Mrs Jo Wheatley, Years 3-6 Library teacher



There is more treasure in books than in all the pirate's loot on Treasure Island.

– Walt Disney

As Book Week concludes for another year, we reflect on the fabulous week of embracing and celebrating children's literature at the Prep School. The 2018 Children's Book Week theme, 'Find Your Treasure', was a wonderful platform for many K-6 activities, including treasure hunts around the Prep campus and unlocking the code to a treasure chest. The boys were treated to three outstanding author visits throughout the week: Louise Park, Jacqueline Harvey and Mick Elliott.

Louise Park burst into the library as a dinosaur! As the author of Zac Powers and the D-Bot Squad series, she was able to engage the boys with stories about dinosaur hunters, master spy secret agents and battling mythical beasts. Louise talked to the boys about her journey to becoming a children's book writer and the importance of researching whatever they are writing about. Whether it be dinosaurs or super spies, you need to know lots about them before you can write about them. She also spoke about the importance of storytelling and demonstrated writing an original story using just a few character and event cards.

Years 3 and 4 were thoroughly entertained by Jacqueline Harvey as she shared stories of her childhood to the boys and her aspirations to become a writer. She spoke of her favourite teacher at school, Mrs Hogan, who made school fun and

inspired her to become a teacher. Jacqueline told the boys to be a good writer, you need to learn how to tell a good story. The boys were introduced to her new spy adventure series 'Kensy and Max' and their spy skills were tested.

Years 5 and 6 students were treated to a fabulous author visit with Mick Elliott. Mick has written the series 'The Turners', and is a producer at Nickelodeon Australia, writing, directing and producing a variety of programs such as 'Slimefest'. Mick entertained students with stories that give him inspiration for writing books, TV shows and commercials and surprised the boys with the amount of time it takes to actually write and produce a book. He explained that it took four years to write the first book in 'The Turners' series. Mick reassured students that when writing, you need to rewrite numerous times in order to produce a piece of writing of a high standard.

01-02 This year's Book Character Parade was the first K-6 Book Week event and it was amazing! The colour and spectacle was a credit to our boys and their families who put so much effort into their costumes. The range of characters from beloved children's books was vast - Peter Rabbit, Weirido, Willy Wonka, Harry Potter, Where's Wally, Minecraft, pirates and many more.

03-04 The boys could barely contain their excitement at our annual K-6 Literary Day. The auditorium was transferred into a bookshop and there was a large range of books available for purchase and donation. Thank you to our Knox community who helped our Giving Tree bloom by kindly donating over 80 books to Enngonia Public School.



POSITIVE PSYCHOLOGY

WORDS BY

Mrs Amy Bowen, Year 3 Blue Classroom Teacher



A growth mindset is believing that when you put time and effort into your learning, this will lead to higher achievement outcomes. Our aim is for the growth mindset to become the students' default way of thinking.

We want each of them to form and develop healthy habits in order to take ownership of their learning. We believe that having a growth mindset is the key to students being resilient and persistent life-long learners.

In 3 Blue, positive psychology skills and character strengths are explicitly taught and they are embedded across every part of the curriculum. Students identify character strengths in each other and within themselves. This process assists students in developing a sense of self and a sense of belonging. It encourages them to appreciate the

strengths and skills of others, creating a positive culture of learning and respect within the classroom.

We all experience negative thoughts. We want our students to be more aware of these thoughts so that they are able to rephrase what they are thinking in a more positive light by applying the growth mindset. For example, instead of saying 'this is too hard', students are encouraged to think 'this may take some time and effort'. This positivity is empowering and gives the students perspective and control over their learning. When students demonstrate resilience and persistence in the classroom, they are rewarded for their effort and for their positive thinking. As a result of this method, we have seen a huge shift in the way students approach learning challenges. As we walk past and listen to the students' conversations, we are proud to hear the language that they use when talking to each other and when talking about themselves.

In the classroom, each student sets goals and strives towards becoming the best version of themselves. Through art lessons, students have created artworks and written reflections on their character strengths. Throughout all activities and lessons, we discuss what a growth mindset looks like and which character strengths we may need to deploy in order to effectively learn and reach our personal best. Activities like this are assisting the students in building self-awareness, self-esteem and independence in their learning.

One of our aims as teachers is to ensure that each of our students is studying to be active and engaged learners who take responsibility for his or her own learning. We aim to foster a love of learning in each of the children so that he or she continues to be an inquisitive and reflective life-long learner.

01 Sophia Bennetts, Veer Madan and Erin Thompson (Y3) identify their character strengths.

THE FIVE KEYS TO SUCCESS

WORDS BY

Mrs Rose Raward, Year 6 Orange Classroom Teacher

Students in 6 Orange class constantly work towards acquiring the five keys to demonstrate achievement in the 'You Can Do It' program. The keys, which are colour-coded to relate to the values promoted by the program, aim to strengthen emotional-social and academic skills. Regular 'key ceremonies' are held in the classroom to acknowledge students who have demonstrated, in a few instances, how they have applied these skills.

Students are encouraged to suggest different ways that each key can be represented or expressed. Classmates are also welcome to nominate peers who they feel deserve a particular key and should be awarded during a ceremony. Consequently, students are proud to get at least one of each of the five coloured keys during a term. Acquiring keys shows personal growth for the student and good modelling of habits for others.

Some of the situations where students may obtain a key are included below.



A student may be awarded the red key (resilience) for:

- accepting mistakes and being kind to oneself
- being able to calm down after receiving somewhat upsetting news about something and bouncing back to work and being with other people
- not getting extremely angry, upset or worried when faced with a challenging event or situation



Students may earn the canary yellow key (confidence) for:

- speaking up boldly at appropriate times for something they believe in
- taking a risk and having a go at something new ('I can do it!')
- believing in oneself and not being overly concerned with what other people think if they make a mistake



Students may be acknowledged with a purple key (perseverance) when they:

- exert effort in applying a skill or strategy, especially if they experience difficulty or frustration
- keep trying to complete a task and become an independent learner, rather than becoming distracted
- work through a social or academic problem instead of giving up



Green keys (get along) are often demonstrated in classroom and school events when students:

- find ways to socially support others or be supportive of others
- volunteer to do something for others; that is, making positive contributions at home, school or in the neighbourhood
- are respectful towards and tolerant of others as well as being fair at all times



Finally, acquiring an orange key (organisation) demonstrates a life skill that benefits everyone.

Students who earn this key are able to:

- set personal goals in specific areas that are meaningful and achievable
- access their school equipment quickly to perform assigned tasks
- plan and organise their ideas to communicate effectively

CONGRATULATIONS

Congratulations to the following Wairoa Prep students who received awards in the NESA WriteOn competition for their writing pieces: Tia Brown (Y4) received a Stage 2 Silver Award for her piece, 'The Two Boys' and Justin Kim (Y6) received a Stage 3 Bronze Award for his piece, 'All for Nothing'.

01 Billy Ashworth, William Stuckings, Roseanna Huang, Vyom Arora and Aadil Singh (Y6) proudly hold their acquired keys.

THE WIZ

THE SUPER SOUL MUSICAL ADAPTATION
OF 'THE WONDERFUL WIZARD OF OZ'



The Wiz Orchestra brings the music of the 70s to life.



Dorothy Gale (Abbey Thomas) comforts her dog, Toto (Sebastian Quintana).



The team trick the Royal Gatekeeper (Alec Berg) to gain entrance into Emerald City.



The four friends start off to find the The Wiz (in the hope of having their wishes granted).



The many friendly faces along the yellow brick road, through the Land of Oz.



Trouble ensues as they encounter the deadly poppy fields.



Ethan Ang is a Funky Monkey.



The friends narrowly escape an attack in the forest by the evil Kalidahs.

A JOURNEY DOWN THE YELLOW BRICK ROAD

- Entire season sold out three weeks prior to opening night
- 67 boys, 52 girls and 10 Knox staff involved
- First full-length musical performed by Years 7-9
- Year 10 leaders provide mentorship to younger students
- Final musical in the Knox Cultural Centre
- New digital LED screens brought colour and magic to the Land of Oz
- 'The Wiz' cast, crew and orchestra participated in National Tree Day celebrations with Ku-ring-gai Council



Patrick Wagner keeping the cast in the spotlight.



Student Tech Crew, Thomas McKernan, at the sound desk.



After a tornado sweeps through Kansas, Dorothy arrives in the Land of Oz and is met by the residents of Munchkinland.



Glinda (Daisy Armfield) makes a showgirl entrance with her boys (Joshua Pritchard and Brin Yeowell).



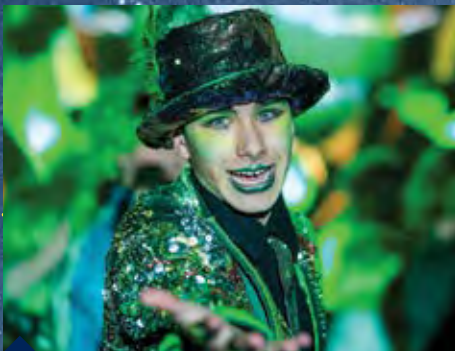
Scarecrow (Anton Pan-Cassin), with a head full of straw, is smarter than he thinks.



Despite believing he has no courage, the Lion (Benji Schroder) confronts the long arm of the law (Blake Roder).



Dorothy befriends the Tin Man (Matthew de Meyrick), who claims he has no heart and they tap up a storm!



The Wiz (Austin Swaffer), in his glittery glory, is dressed to impress.



As a salesman from Omaha, the 'Almighty' Wiz uses green glasses to deceive the citizens of Oz.



Dorothy and the Winkies watch Evlene (Madeleine Campbell) melt away.



The Wiz grants the friends their wishes, as honesty and friendship prevail.



Dorothy (and her friends) wonder if she will be able to return home to Kansas.

TWELVE ANGRY MEN

PRESENTED BY THE KNOX THEATRE ENSEMBLE 8-10 NOVEMBER



WORDS BY

Mr Michael Griffiths, Head of Drama

INNOVATIONS IN THEATRE

Whilst the impetus of the production of 'Twelve Angry Men' has been the superb skills of the Year 11 Knox performers, it has also been driven by technical innovation. These innovations have been made with the awareness of the myriad of staging and technical opportunities that will be available in various performance spaces of the new Performing Arts Centre.

'Twelve Angry Men' employed a range of live to air projected images from three camera sources that enhanced the audience's perspective of the actors. This innovative staging technique is being used increasingly in professional theatre productions such as 'The Resistible Rise of Arturo Ui' at the Sydney Theatre Company and 'Network' at the National Theatre in London.

Next year, the Drama Department is looking to perform some Shakespearean duologues via a digital medium called Zoom in a live context with a students from an English girls' school to explore the possible theatrical impact of this global digital performance context.



TWELVE ANGRY MEN



BOY OVERBOARD

PRESENTED BY THE KNOX THEATRE ENSEMBLE (YEARS 7 AND 8) 16-17 JUNE



The Knox Theatre Ensemble production of 'Boy Overboard' was developed to enhance Year 7 students' knowledge and appreciation of theatre.

These Year 7 students studied the play 'Boy Overboard' as part of their English studies.

The production was developed with a cast of predominantly Year 8 students and emphasised physical theatre and flexible use of space and minimal production elements such as set and costume.

The cast performed the production to three Year 7 student audiences and two adult audiences and its confronting yet inspiring portrayal of refugees had a huge impact on all of these audiences.

The production continued the Knox Theatre Ensemble's vision of bringing play texts studied in English to life on the stage.

THE FIRST 50 YEARS OF THE DRAMATIC ARTS

1929-1979

WORDS BY

Mrs Julie Mason, School Archivist

The Drama Club or Dramatic Society, as it was also known, was inaugurated in 1929. The intent stated in the Knox Grammarian was:

“... not so much for the furtherance of art as for the educational advantages derived from acting.”

The intentions of the club were indeed humble, to produce an annual school play and to use the proceeds to support the Sports Fund. The first school play, ‘The Importance of Being Earnest’, featured CS Peebles, GL Kenway, JT Adamson, SM FitzSimons, WP Ash, JW Richardson, ML Dahl.

Proceeds from early productions purchased hurdles, a fence for the swimming baths as well as timber for the diving tower. The diving tower was constructed by Mr Green and his woodwork class, fulfilling Headmaster MacNeil’s desire to provide boys with ‘a purposeful education’ (Mansfield, 1974 p.8).

In 1939, house plays were introduced and Mrs Mackenzie’s produced the North House play. This established a long tradition of support for the dramatic arts by the School’s Headmasters and their families. The Drama Club was inactive between 1951 and 1953 but house plays continued to entertain. The following year, the first Inter-House Play Competition was won by McIlraith House with their production of ‘Isle’.

The Drama Club was reinstated in 1954 and ‘Macbeth’ was the first play to be staged in the new John Williams Memorial Hall. The outstanding performances of R Livermore and S Chilvers (both OKG55) were rewarded with the first Drama Prize donated by Drama teacher, Ms Stow.

The arrival of a new Headmaster, Dr T Ross McKenzie, and his family brought renewed energy to the dramatic arts. Girls from surrounding schools were for the first time included in a Knox production of ‘Othello’ in 1956. Dr McKenzie directed the 1957 production ‘She Stoops to Conquer’ which also included his daughter Sandra. Both daughters acted in school plays and Mrs Nan McKenzie also took an active role.



John Turnbull (OKG60) shared this recollection:

“Nan McKenzie gave generously of her time and talent, taking us through the rhythms, the music of the Shakespearean line. She was truly remarkable in her gifts as a teacher and coach of speech, for although almost completely deaf, she enabled us to hear and speak the lines with understanding, appropriate emphasis, nuance and sensitivity.”

By the mid 1960s Old Knox Grammarians had won scholarships, roles and places in prestigious institutions, productions and television programs. The numbers of young actors, directors and stage crew continued to grow and a new Arts Centre was proposed. By the end of their time at Knox, in 1969, the McKenzie family had contributed to the production of 13 school plays and 78 house plays.

Growing student numbers necessitated the introduction of four new houses in 1977, which made the Inter-House Play Competition impractical. However that year the School staged 15 separate plays in the second and third term. Also in 1977, current Knox teacher, Mr Michael Griffiths (OKG77), gave a memorable performance in ‘Rosencrantz and Guildenstern are Dead’. The Knox Grammarian reported:

“His theatrical presence and feeling for the stage itself were shown in a commendable maturity



of performance. He was magnetic in a creative presentation which must have been as fulfilling to him as it was satisfying to the audience.”

By the end of the 1970s new sound equipment had been purchased and students were encouraged to try their hands at directing as well as all other parts of production. The 1978 production featured now famous actor Hugo Weaving (OKG78) as Joxer Daly and the last production of the decade took place in the chapel which was transformed into a medieval setting for ‘Murder in the Cathedral’.

... to be continued.

THE FOUNDATION SPORTS — THE FIRST 50 YEARS OF SPORT AT KNOX 1929-1979

WORDS BY

Mrs Julie Mason, School Archivist

The Lawson Centre Display tells the early story of sport at Knox. The memorabilia and photographs are part of the heritage of the School and record the challenges, aspirations and experiences of the sportsmen who went before ('Archives Matter!', 2007).

From the tribute to Bill Lawson on the glass panels outside the Centre, to the juxtaposed pictures of the school flags by the Weights Room, visitors are provided with a window into the past 94 years. The display allows us to gain a sense of what it may have been like to play sport at Knox many years ago.

Head of Knox Sports and Aquatic Academy, Mr Martin Haywood, has been encouraged by the phenomenal amount of interest the boys are showing in our sporting journey. Boys cannot believe Boxing was one of our foundation sports and are just as surprised when they see how Knox 1 looked many years ago.

Mr Haywood said, "I am just as proud to see so many staff come and comment so positively as well as many comments from Old Boys and parents on the weekends. It is particularly fascinating to read of the enormous contribution Mr Bill Lawson made to the School over so many years and to be able to pay tribute to him ... a true legend of the School."

The rich history of Knox sport started on the first day the School opened, on 5 February 1924. It was the intention of the first Headmaster, Mr Neil MacNeil, that encouragement would be given to all sports and so Boxing and Rugby started in 1924 followed by Cricket, Track and Field and then Swimming and Life Saving.

By 1924 the Knox main oval was under construction. Jim Bartlett (OKG28) recalls that it was built by horse and manpower with the Knox boys doing their part by collecting rocks and planting grass. Until the oval was ready, in the winter of 1925, Jimmy the cart horse's field was used for sport. In 1938 Chilton's Orchard was purchased to provide additional playing fields and is now known as Gillespie Field.



The gymnasium was a fairly rudimentary building which, although no walls or floor existed, at least provided a roof. In 1927, School House Master, RN Birley, made the construction of this building possible with his kind parting gift of £100. Dressing sheds were attached to the gym in 1935 and in 1937 the building was enclosed and a sprung floor installed. Mr Reid donated £250 towards the cost of enclosing and upgrading the gym to an assembly hall.

The first Knox swimming baths opened in 1929 and were located between what is now the Drama Centre and the Reid Industrial Arts Building. Parents fundraised and the cost was £2,010. Lifesaving classes were held regularly and the Knox boys were soon winning pennants in competitions. The first School Swimming Championship was held in 1930.

By the mid-1970s, boys participated in 13 different sports, 51 premierships and championships had been earned and a proud sporting tradition commenced.

Today, Knox offers 31 sports choices to its students and they continue to make sporting history.



01 Julie Mason (School Archivist) and Carola Salazar (Five Spaces Design) at the front of the History of Sport Display in the Lawson Centre.

TENNIS TOUR TO TEXAS

WORDS BY

Mr Ben Higgins, Director of Racquet Sports



During the September and October holidays Knox Tennis took eight boys over to Texas USA to train at the John Newcombe Ranch located 25 minutes from San Antonio. The trip was designed for the boys to have two weeks of intense training, on and off the court.

Each day the boys would wake up at 6am for a fitness session for 45 minutes with either interval running, hill sprints or footwork on the court. The boys found this incredibly tough, but to their credit, continued to work through the sessions and became physically and mentally stronger. After the morning sessions, they would then have breakfast with the John Newcombe academy players who are schooled at the ranch with players from all over America and Mexico. There would then be tennis drills and match play for four to five hours then finished off every other day with a gym session. The boys worked very well on and off the court, with all of the players improving on all aspects of the game in very humid conditions.

Whilst we were in Texas, we managed to find time to see what Texas had to offer. One of the favourites of the boys seemed to be Six Flags

Fiesta Texas theme park. We also went to San Antonio where the Alamo was and had a taste of the local culture. San Marcos shopping outlet seemed to be a hit with the boys as we went there on three different occasions with the boys taking full advantage of the cheap shoes and clothes!

One of the best nights we had was watching the Texas State Bobcats College Football vs Louisiana. It was an unbelievable experience in a sold out 40,000-seated stadium. The half time performance from the Texas marching band was a highlight.

Knox has had over eight players who have all gone to college in the USA to progress their studies and Tennis, with some of our players currently world ranked. We visited UTSA (University of Texas San Antonio) who are known as the Roadrunners. The boys were able to experience watching the first team practise with the players from Germany, Austria and Brazil. This showed the boys that colleges are willing to recruit players from all over the globe. The Head Coach and Assistant Coach spoke about college life including the importance of grades to be picked for the team and to keep the scholarship as well as the level that a player needs to be achieving at for certain colleges.



John Newcombe spoke with the boys about the mental side of the game and fear. This was a great insight for the players and coaches. He talked about many of his famous matches on centre court at Wimbledon and playing for Australia as well as not showing your opponent any negative emotion, which just feeds your opponent more energy and tactical advantage to win the match. He said if you look back at videos of him playing, you would see he smiles a lot when he makes a mistake. It was used to relax any tension in the body as well as to annoy the opponent.

The tour was a great success for the players and coaches with all getting a lot out of the two weeks. The key point that the John Newcombe Academy, UTSA and John Newcombe himself all said was for the boys to keep active every day with their training, on and off the court. Time management is what is needed to be successful in life! It is also not all about hitting balls - the conditioning of your body is paramount and has to become a lifestyle for anyone searching greatness.

We are looking forward to our next trip in the future.

01 John Newcombe with players from Knox and Barker College.

KOKODA 2018

WORDS BY

Ms Lenore Kennedy, PDHPE Teacher



During the September/October school holidays a group of 19 students from Years 9, 10 and 11, accompanied by three staff members (Ms Lenore Kennedy, Mr Oliver Scott and Mr Milad Popalzay), walked the historic Kokoda Track in Papua New Guinea.

The group had spent six months physically preparing for the trek with strength and conditioning sessions on Wednesday and Thursday mornings, and were more than ready for following in the footsteps of the diggers through the 96km of gruelling terrain.

The trip afforded the boys a number of opportunities and highlights including:

- Gaining an intimate knowledge of an important chapter in Australia's history. Hearing the story, while walking in the footsteps of the diggers and experiencing the extreme conditions, was all the more resounding.
- Gaining insights into the particular stories of two Knox Old Boys who paid the ultimate sacrifice and are laid to rest in the Bomana War Cemetery. The group paid their respects to these two men by holding a ceremony for each at their grave.
- Spending quality time with local communities, and experiencing a culture and way of life vastly different from that of many Knox students.



The relationship created with the local porters, which was one of mutual respect and appreciation.

- Witnessing some of the most amazing landscapes and untouched rainforests in the world.
- A huge sense of accomplishment upon completion. The group were amazing in the speed and efficiency in crossing the track, and at times, were being slowed down by the trek master.

In addition, the boys were impeccably behaved for the 10 days, and were a real credit to the School and their families. They are all keen to spruik the opportunity for future groups, and generate more interest leading into a potential 2019 trek.

A BUSY SECOND HALF FOR THE SOCIAL JUSTICE PORTFOLIO

WORDS BY

Mrs Helen Clarke, Head of Diversity, Justice and Stewardship



The Social Justice Portfolio offers our young men the opportunity to learn about the complexities of both world and local issues, their responsibility and challenges to advocate for change, and to live out the Christian foundations of Knox - Faith, Wisdom, Compassion, Integrity, and Courage.

Pivotal to the development of our boys' understanding of advocacy and compassion, this Portfolio allows them to serve others through a myriad of events such as the ones that follow.

SERVICE LEARNING AT KNOX

The Service Learning Program is an opportunity for all Knox students to serve others through a variety of experiences as the boys learn and serve our community.

The Year 10 boys have particular service obligations and have participated in many of our outreach programs such as St Edmunds, St Lucy's, The Drought Relief Project, Sailing for the Disadvantaged and working with the homeless. Many of the boys complete their service within some of our regional and international programs such as the Kokoda Immersion, the Goodooga Indigenous Games, the Enngonia Immersion and Mission Australia.



Service Learning at Knox aims to foster in our boys an 'AAA' approach to Social Justice - an emphasis on 'awareness' of issues, developing a spirit of 'advocacy' and the 'action' by volunteering with an emphasis on courageous relationships and immersion experiences with those who directly need our support and voice. A magnificent example of Knox boys participating in an 'AAA' Project was the Mission Australia Sleepout led by Mr Fitsimanu and his mentor group. Not only did the boys sleep rough, but they also made blankets for the Hornsby Ku-ring-gai Women's Shelter over the course of the evening.

RECYCLING AND SUSTAINABILITY

Our proactive Recycling Committee have been changing the face of the Knox Sustainability and Recycling Program. The boys meet weekly with a focus on caring for the environment and reducing the School's carbon footprint. This program will continue next year under the new Social Justice Prefects, led by Head Prefect Raghav Lall. The goal is sustainable living and stewardship of our earth.



03



04



05

SOCIAL JUSTICE CLUB

The Social Justice Club is expanding. These boys have been supporting the shared Social Justice activities with the Knox Prep School Compassion Days. We therefore have supported the enthusiasm of these Stage 4 boys who have formed their own Social Justice Club which meet on Wednesdays each week. These young leaders are undergoing training to mentor the incoming Year 7 2019 groups and are undertaking leadership at the Christmas Market and Prep Compassion Day. The boys have also participated in the Mending Café at Knox Prep.

THE DROUGHT RELIEF

The focus for the past few months has been the plight of our farmers and supporting them by the Buy a Bale Program. Overall, the various appeals have raised over \$60k. The compassion of the school community to this appeal was inspiring. The boys, especially our country boarders, were courageous in their presentation on the harsh realities of life in the bush and how the drought was directly impacting on their families. The students and staff led initiatives such as cake stalls, worked on drought related advocacy in their mentor groups and the Knox community gave from its warm heart.

Some of the boys also joined in the Rotary Club of Wahroonga's Drought Appeal in the local shopping areas, sharing their stories with locals of life on farms and the difficulties they faced.



06

LEGACY DAY, DAFFODIL DAY AND JERSEY DAY

Our boys' efforts to support Legacy Day, Daffodil Day and Jersey Day were again enthusiastic and Knox continues to support and advocate for these important charity days.

We look forward to supporting many more initiatives in 2019. Thank you to everyone in the Knox community for their continued encouragement as we further justice for all.



07

- 01 Feature Image: A large 'mo' on Knox 1 to support International Men's Day and the Movember Movement
- 02 International Men's Day at Knox highlighted our positive role models and raised awareness of men's wellbeing
- 03 Goodooga Indigenous Games

- 04 Drought relief funding assisted our Knox families - a Thx out of sheep!
- 05-06 Supporting Legacy Day and Jersey Day
- 07 The Rotary Club of Wahroonga presented at a Senior Assembly

AN INSIGHT INTO BOARDING AT KNOX

Do you wonder what it's like to board at Knox? After school, a typical afternoon's activities range from eating some afternoon tea before attending sports training, walking up to Wahroonga shops, playing some sport on the school grounds, watching TV or afternoon study.

Students across the stages share their experiences below.

BEFORE BOARDING AT KNOX, WHAT DID YOU PERCEIVE BOARDING WOULD BE LIKE?

WORDS BY

Peter Scholes (Y8), Joseph Roberts (Y7) with Mr James Norman, Stage 4 Head of House

"It's hard to know what to expect when all you have known is living at home with your parents," said Peter. Peter says he had heard of boarding schools described as institutions that drained kids of their individuality and while it seemed scary at first, he has adjusted and learnt what a great place the Boarding House at Knox is.

"Boarding at Knox allows us to develop, learn and make great mates. Sure, you have your highs and lows, but you know that your mates will always have your back and that you are always supported," he said.

Joseph, on the other hand, didn't really know what to expect. He believes that boarding with 20 other boys helps grow good friendships and strengthens 'mateship'.

"Boarding is great! Living away from your parents is tough at times, but this helps grow your independence and gives you an idea of the real world. By coming to Knox, I have been part of different sporting teams, gained new knowledge through after school activities and really developed a different perspective of the country and the city," said Joseph.



WHAT ARE THE ADVANTAGES OF BEING A BOARDER AT KNOX AS OPPOSED TO BEING A DAY STUDENT?

WORDS BY

Christiaan Joubert (Y10) with Mr James Maloney, Stage 5 Head of House

Over the time I have been attending Knox, I have been asked countless times by day students what boarding life is like - and I am always happy to answer!

The usual response I get is sympathetic, as boarding life is perceived as challenging. For me, this is definitely not the case. The advantages of being a boarder at Knox opposed to being a day student makes the sacrifices well worth it. We, as boarders, have direct access to all facilities on campus throughout the day. Whether it be music rooms, after-school tutoring, basketball courts, gym or the indoor pool, life at school caters for the boys' needs.

When it is not free time, boys are hard at work on their studies. Our Boarding Masters ensure that there is an academic tutor in the house every night to provide any assistance necessary. Engaging in school life is made very convenient.

Our commute to school is a short walk across the boulevard, so supporting any significant sporting events is all too easy!

A typical day in Stage 5 begins with the infamous sound of room doors opening and lights switches being flicked on at 6.45am. We have 25 minutes to pull on our uniforms before heading down to breakfast. Arguably the best meal of the day, we are met with a spread of cereals, a warm meal, fruit, toast, yoghurt and coffee. Returning to the boarding house we collect our devices and head to class. After school activities vary between sport training, going to Wahroonga village or relaxing in house. Study, or 'prep', begins at 5pm with a half hour break for dinner at 6pm, and then concludes at 7.30pm. Here, I enjoy watching a movie or a game of touch football on the oval. To finish off the day we head to our rooms at 9.30pm and then lights go out at 10pm.



02



03



04



05



06

The boarders get to live with their friends for 24 hours a day. We always have someone to talk to, hang out with and socialise. Staff are always ready for a chat, our friends are always helpful and even those who we don't have strong connections with are all respectful as we live in a very tightknit community.

I wouldn't change it for anything in the world.

AS A SENIOR BOARDER, WHAT WILL YOU TAKE AWAY WITH YOU ONCE YOU FINISH YEAR 12 AT KNOX?

WORDS BY

Ms Vanessa Bromhead, Stage 6 Head of House

Moving into Stage 6 boarding represents the start of Years 11 and 12. Responsibilities grow, academic expectations are higher and boys experience more options for living and working together. Boys can also attend additional study and career preparation days.

The 'new' Year 12 boys had an evening with the Stage 6 Director of Studies, focusing on assessment task preparation while the Careers Psychologist spoke about UAC preparation and early entries into university courses. The following week, boys spent time with the team from Elevate Education on time management and study skills for the HSC. These valuable experiences have been actioned by the students, as they created study groups with subject specific mentors, meeting on different afternoons of the week. It is exciting to see the way in which these sessions are being utilised by the boys and the gains they are seeing in their academic development.

The Stage 6 boys are fortunate to have a number of areas available for studying after school, with the Weeks Senior Academy open to 9pm each evening and teachers and Old Boys available to assist with their studies. Each afternoon at 5pm, boys put their phones into a charging electronics cupboard, and begin their Prep time. Prep continues from 5pm to 6.30pm, when they have dinner, and then continues from 7pm to 8.30pm. During these three hours, boys are encouraged to work with the academic tutors that are in the three houses and use the various collaborative spaces for learning and their desks

in their bedrooms. At 8.30pm boys receive their phones back and have the option to go to the gym, play squash or basketball in the Lawson Centre, do laps of the pool, play touch footy on Knox 1 or just relax. All boys are back in their respective houses by 9.30pm and then move to their bedrooms at 10.15pm. Staff will move around the houses saying good night to boys at 10.30pm.

Being a boarder means that a student is never short of a mate to sit and chat with, to play a game with, to go up to the shops or challenge in a sporting competition.

Matthan Choi (Y12) said that he will "take away from boarding the relationships I form, not only with the boys in our year, but also the staff and boys from younger years."

Additionally, Alex Farquhar (Y12) says that he will finish Year 12 with good interpersonal skills. "You learn how to interact and respect others in a community, which is going to help me when I'm a vet dealing with people," he said.

"Being a boarder at Knox means that I will finish school not just with an education but ready for life," said Ryan Maddison (Y12).

Each of these Stage 6 boys spoke of the value of boarding for preparing them for later life, offering them opportunities and allowing them to appreciate the diversity of friends and experiences that living with a large group of young men affords them.

- 01 Celebrating Christmas in boarding
- 02 Peter Scholes (Y8) and his father refereeing a grand final
- 03 Joseph Roberts (Y7) helping the cohort raise money for Médecins Sans Frontières Australia
- 04 Boarders' Family Dinner
- 05 Year 10 Formal
- 06 Year 12 Chinese Banquet

KNOX GALA DAY

SATURDAY 2 JUNE 2018





Knox Gala Day is the largest community event on our School calendar and is organised by the Knox Parents' Association. All funds raised are used to purchase new equipment and resources to benefit the students. Thank you for your support in 2018.

FOR THE DIARY

Knox Gala Day 2019 – Saturday 4 May

www.knox.nsw.edu.au/galaday



OLD KNOX GRAMMARIANS' ASSOCIATION

KNOX GRAMMAR SCHOOL ALUMNI

Founded in 1929, The Old Knox Grammarians' Association was created for the perpetuation of memories, maintenance of friendship, enrichment of Old Boys and support of the School.

The Association is a group of over 10,000 members, all of whom share the common experience of having attended Knox.

This section of the *The Thistle* was prepared by the Old Knox Grammarians' Association.

IN THIS SECTION

- 36 President's Report
- 38 Senior Knoxonian President's Report
- 41 News of Old Boys
- 43 Births, Marriages, Deaths

STAYING IN TOUCH

The OKGA maintains an online portal for OKGA members. Visit www.okga.org.au

The OKGA also produces a calendar which features events for Old Boys and selected school functions. Old Boys who are organising events such as reunions and functions are encouraged to contact the office to ensure they are included in the calendar.

CONTACT

OKGA Office
Telephone: +61 2 9487 0419
Fax: +61 2 9488 2908
Email: okga@knox.nsw.edu.au

PO Box 5008
Wahroonga, NSW 2076
AUSTRALIA

FROM THE PRESIDENT

PRESIDENT'S COLUMN

WORDS BY

Jon Stewart (OKG03), President



2018 has seen significant change throughout the Knox community as we farewelled former Headmaster John Weeks and warmly welcomed Scott James as both Patron of the OKGA and

Knox's eighth Headmaster. It's been great working with Scott over the past few months to expand and enhance the relationship between the OKGA and Knox, and we look forward to working closely together in the coming years as the bond between the School and the alumni community continues to strengthen. Most recently the Chairman of Council, Peter Roach (OKG79) announced he will be retiring from the School Council at the end of this year after 18 years of outstanding leadership. During Peter's time on the Council, including six years as Chairman, the School and the wider Knox community experienced enormous change. Under Peter's leadership, Knox has evolved into the modern and innovative educational institution that continues to set the standard for schooling in Australia. In addition to Peter's tenure on Council, he was a member of the OKGA Committee for seven years, and held the office of OKGA President (1998-2000). Remarkably, Peter would also hit the fields during the winter as a rugby referee for 35 years, further demonstrating his leadership and passion for the Knox community in a role that is often unsung. On behalf of the OKGA, I thank Peter for his years of service to the Knox community and for his ongoing support of the OKGA and all Old Boys. I'm sure we'll continue to see Peter at Old Boy functions and supporting the School in a variety of ways long into the future.

With such significant change brings the opportunity for review and the refreshing of our vision and strategy for the next decade of the OKGA, leading towards the Knox centenary in 2024 and the OKGA centenary in 2029. Since becoming President of the OKGA in March this year, the committee and I have undertaken a program of consolidation and planning as we move into 2019 and the celebration of our 90th anniversary. We have been reviewing the

offering of our Association with the aim of making it more relevant and accessible to all members regardless of age, from the newest members to the most senior of our Senior Knoxonians. In a day where digital communication and internet connectivity is easier than ever, the role of alumni networks will also change - it's important that we stay ahead of these changes and ensure we're delivering the best quality services for all Old Boys whatever their age or location.

To assist us in this challenge, the OKGA welcomes Sarah Gregory to the role of Director of Alumni Relations, leading the OKGA Office. Sarah was formerly with us as Executive Officer of the OKGA until 2013, and brings back a wealth of knowledge and experience to the role. We look forward to Sarah assisting the OKGA Committee with its work into the future and helping to drive many of the reforms our committee is working to implement during 2019.

In addition to our own work and initiatives, we want to hear from you as to what you value, how we can engage and communicate with you, and how you want to see the Association move forward into our tenth decade. We intend to conduct a membership survey early in the New Year to learn what you want from the OKGA and how we can remain relevant in 2019 and beyond. I would encourage you to please take some time to complete this brief survey when it is circulated - only by listening to our Old Boy members can we formulate a strategy for the future longevity and growth of the OKGA.

In recent months, we have helped arrange a number of successful reunions and other major events. Of particular note was the successful international gathering in New York in September. Around 20 Old Boys joined us in Manhattan for drinks and dinner at The Australian Bar, with some of those attending joining us locally from New York, and others venturing from as far as Los Angeles, Connecticut, and even Sydney! It was great to be able to join the gathering while I was in New York on business travel, and we hope to hold further international events to connect our wider Old Boy community. Please keep an eye on our website and the e-news for future events.



In addition to the many social and networking activities, we are proud to be able to continue our work with the OKGA Benevolence Program. This program was established to provide assistance to Old Boys seeking help or advice, and the service we offer continues to connect our community with trained professionals who can make a difference. We've taken enormous steps over recent years to improve the way mental health is viewed by our community, reducing the past stigma of mental health conditions and helping us to be more open about seeking help and treatment. I encourage you all to connect with your mates, speak up and take the opportunity to seek help or guidance where needed - at a time where prevention and treatment becomes easier to access, it's important we all look out for each other and stay healthy. We need to remind each other of the importance of raising awareness, education and treatment of mental health in modern society. The Benevolence Program has become a key pillar of the OKGA's mission and we will continue to strive for better ways to help support Old Boys in need.

One of the most significant events of the year is always the Year 12 Valedictory Assembly - the final official celebration and graduation of Year

12 students from the School, and the official recognition of these young men's transition to become Old Boys. They join a remarkable group of men who share a common experience during their formative years, and we welcome the Class of 2018 into the OKGA community as our newest members. To the Class of 2018, I strongly encourage you to participate in the wonderful network the OKGA provides, and the opportunities to remain connected with schoolmates through a range of sporting clubs and other activities after school. This year, a number of Old Boys with sons or grandsons in Year 12 joined members of the OKGA Committee to award Old Boys ties to the leavers. It was hard to miss the enormous sense of honour experienced by Dougal Cole (OKG77), Angus Hordern (OKG80), Kent Walker (OKG79), Stephen Yeomans (OKG88) and Brenton Fuller (OKG60) as they handed ties to family members and friends of their sons and grandsons. I hope the Year 12 leavers and those witnessing the ceremony were able to share the sense of pride with the Old Boys attending.

As 2018 draws to a close we are looking to 2019 and the plans to celebrate our 90th anniversary. Over the last 90 years the OKGA has supported Old Boys over multiple generations and the upcoming

celebrations will be an opportunity to reflect on our history and celebrate the future of our organisation. We would welcome any Old Boys who wish to get involved in the planning. Please contact the OKGA Office and join our events committee or volunteer some time to assist and make this a year to remember. We are hoping to celebrate this milestone in various locations around Australia and internationally, particularly cities with large Old Boy populations, including London, Hong Kong, Singapore, San Francisco and New York.

I wish you all a happy and peaceful Christmas and look forward to a rewarding and successful 2019.

Feature image: Members of the OKGA and Senior School came together for the Knox Remembrance Day Commemoration and OKGA Honouring Service on Friday 9 November.

SENIOR KNOXONIAN PRESIDENT'S COLUMN

WORDS BY

Ken Powell (OKG61), Senior Knoxonians' President



On Saturday 11 August, several of the Senior Knoxonians' (SK) Committee were guests of the Old Barker Association (OBA) Seniors at their Annual Luncheon. This annual event coincides with the Knox vs

Barker 1st XV Rugby, which was at Barker this year. In thanking OBA Seniors President Denver Webb, SK President Ken Powell referred to the remarkable longevity of the friendships that exist between old boys of our two schools.

On Tuesday 14 August, 100 Senior Knoxonians and partners gathered for their annual Ladies' Lunch. We welcomed the Headmaster and Mrs James, a number of school staff and six senior prefects as guests. While guests were arriving, we were treated to wonderful background music provided by the Senior String Ensemble. Solo performances were later contributed by Year 11 boys Harry Wagstaff (Cello) and Peter Koch (Alto Saxophone), all illustrating the high standards of music performance at the Senior School.

The proceedings opened with an Acknowledgement of Country, in both Indigenous and English language, presented by Dylan Farr, a Year 7 boarder from Walgett.

Pastor Luisa Maxwell provided the Grace.

In his opening welcome and remarks, the President, in addition to welcoming the guests, noted the presence of three distinguished Senior Knoxonians:

- Ian Sinclair AC (OKG45), former MHR and Leader of the National Party.
- Colin McDonald (OKG43), former SK President, the last to be in that office when Knox had a change of Headmaster.
- Marsden Hordern (OKG39), the elder statesman of SK, who was serving in the RAN in WWII before many in the room were born!

The President drew attention to the fact that the event was the 25th Anniversary of Senior Knoxonian Luncheons taking place at the School.

He also outlined the reason for the development of the SK Lapel Badge, which each member received on arrival at the lunch. All new members will receive their badge with their Membership Certificate. Existing members, not at the lunch, may request a badge from the OKGA Office.

Headmaster Scott James, in his first attendance at a SK event since his commissioning, spoke of the School's mission and strategic direction for the five years, 2018-2022.

Our guest speakers, on this occasion, were Sue Floro, Head of Knox Preparatory School and Julie Wiseman, Head of Wahroonga Preparatory School. They both provided illuminating insights, illustrated with slide presentations, into the high standard of education now provided in our primary schools. The lasting impression we took from both speakers was that primary education at Knox is vastly different from what we remember, whether on the familiar Knox Prep grounds at Billyard Avenue, or at the smaller, co-educational Wahroonga Prep.

A vote of thanks and presentation was delivered by SK Committee Member and Knox Prep Alumnus, David Patten (OKG50). The speakers were each presented with a pair of whiskey glasses engraved with the Senior Knoxonians' logo. These glasses were prepared for this occasion but are now available from the OKGA Office.

The afternoon concluded with a fine musical offering from Knox Prep by nine boys comprising the Knox Prep Year 6 String Ensemble, under the baton of Prep Music teacher Rebekkah Morris.

At the time of writing, we are looking for a Vice President and a Treasurer. Expressions of interest would be most welcome from any member looking for an interesting, but not onerous, way to serve the Senior Knoxonians.

KNOX REMEMBRANCE DAY COMMEMORATION AND OKGA HONOURING SERVICE



It was fantastic to have such strong support from people of all ages at this event with more than 60 Old Boys in attendance, including two naval cadets currently studying at the Australian Defence Force Academy in Canberra. Peter Song (OKG15) and Campbell Higgins (OKG15) attended in uniform for the service, which was a great sign of support to those being honoured as part of the ceremony, and to demonstrate to the current students at Knox the importance of continued connection to the alumni community once they leave the School.



Thanks to Ken Powell (OKG61 and Senior Knoxonians' President) for officially representing the OKGA at the ceremony and presiding over the presentation of the gifts to the Knox Cadet Unit honouring Old Boys who have served our nation.



OKGA GOLF DAY

WORDS BY

Phil Tuck (OKG77), Golf Day Convenor



The 2018 OKGA Annual Golf Day was held on Wednesday 31 October at Avondale Golf Club. We had a very enthusiastic attendance of 59 players including older and young Old Boys, ranging from a team of 1961 Leavers to others who left more recently in 2009.

In addition, it was pleasing to have friends from the Old Barker Association and the Scots Old Boys' Union, along with a number of Knox past parents, both fathers and mothers, join us for a wonderful Golf Day.

Following recent Sydney rains and some warmer days, everyone agreed that the fairways and greens of Avondale presented spectacularly and lent themselves to some excellent Individual Stableford and 2 Ball Team performances.

The main prizes on the day included:

- Individual Stableford - Bill Henry (OKG64) - 42 Points

- 2 Ball Team Stableford - Scott Kennan and David Stutchbury (both OKG82) - 47 Points
- Leavers - Class of 1982 - Scott Kennan, Ian Sheppard, David Stutchbury and David Wilson - 136 Points
- Father & Son - Martin and Jack Gooding (OKG05) - 42 Points
- Mother & Son - Janiece and James (OKG09) Irwin - 37 Points

Please note that the 2019 Golf Day is booked at Avondale for Wednesday 30 October and we hope to welcome more players joining us.

01 Janiece and James Irwin (OKG09) receive the Mother & Son prize from Phil Tuck (OKG77)

BROTHERS IV BROTHERS



The annual Brothers IV Brothers event (which includes a rugby match and function) has this year raised more than \$60,000 to support Western Care Lodge and Orange Hospital's clinical trial program.

The event is organised each year by a group of Knox Old Boys in memory of two Old Boys who passed away after battling cancer.

Through its annual charity Rugby game and many fundraising initiatives since 2012, Brothers IV Brothers has raised more than half a million dollars for charities including Sydney's Chris O'Brien Lifehouse.

OKGA CLUBS



KNOX RUGBY

Words by Oscar Alcock (OKG14), Club Operations Manager, rugby@okga.org.au

2018 was a much improved year for the Knox Rugby Club. After two seasons teetering on the edge of relegation from Division 1 in the Suburban Rugby Competition, this season saw the club finish fourth in Club Championship points. There were many highlights during the season, but it was capped off with Ian Frame winning the highly prestigious 'Volunteer of the Year Award' for rugby in NSW. Ian has literally put in thousands of hours for the club over many years. Alongside Michael Kelynack (OKG85) who returned as Club Coach in 2017, Ian helped to bring the club back from the brink of extinction in the early 2000s and worked to recruit (and retain) players.

Ian is often the 'first man to arrive and the last man to leave', setting up the ground in the early hours of Saturday morning and working tirelessly, with a host of other volunteers at the club, until well after the final whistle in first grade. The club is extremely proud of Ian and this recognition was long overdue! The award also secured \$10,000 for the club!

Bryn Robertson has also made a vital contribution establishing a great overseas playing contingent, alongside his work securing lucrative sponsorships for the club. Bryn also pioneered a highly successful Brothers IV Brothers tour to Orange, which included a lunch and fixture.

The other major highlight of the season was seeing third grade successfully claim the Whiddon Cup in what was a fantastic season by all involved. Reports abound that the cup has been 'touring' around the world with players and managers alike! Second grade should also be congratulated on a huge turnaround this season. After a few modest seasons, they went from 0-7 in the regular season, featuring several heartbreaking losses in the final five minutes of matches and a couple on the buzzer, to narrowly miss finals by only a single point. First grade showed some great promise but were beset by injuries. The men in white will be back, bigger and stronger in 2019. Belief, consistent training and some luck regarding injuries will go a long way to see first and second grades contesting finals footy in years to come.

CONTINUED ON PAGE 40 >

Colts had another positive year and successfully made finals. With many returning players the 'Colties' will be looking to contest another Barbour Cup in 2019. Similarly, fourth grade will look to build upon 2018, after also narrowly missing finals by a single point. Many young Colts (many of whom were only a year out of school) should be congratulated on their collective efforts in fourth grade this season.

Robbie Frame (OKG08 and First Grade Coach), supported by Michael Kelynack, is congratulated for transforming the club's mentality over the past two seasons, with the club picking up an extra training session in a bid to aspire to greater professionalism. The return of Chuck Ardrion to the coaching ranks and a specialist forwards session by Cam Blades (Head Coach of Rugby at Knox) were other welcome developments. Similarly, James Gellert (OKG07) and Lachie Williams (OKG10) worked tirelessly throughout the year to ensure that the club's administration and operations ran smoothly. Matt Creighton (OKG08) is to be congratulated for another successful season on the social calendar, including an amazing Ladies' Day.

2019 will be the 60th anniversary of the club, which was founded in 1959. Work is already underway to build upon many positive developments in 2018, and this is being led by our committee who are all currently under the age of 30! We would also like to cordially invite 2018 school leavers to come down and be a part of the club in 2019!

If you are interested in joining, contact James Gellert via email rugby@okga.org.au



KNOX UNITED FOOTBALL CLUB

Words by Chris Wiseman (OKG06), Club President
football@okga.org.au

The most exciting news of season 2018 happened just one month ago when a group of 14 Knox United past and present players ventured once again to Mallacoota to take on the Mallacoota Cup. After a weekend of great Football and sub-par banter, the boys came away with the trophy for a third time in our nine appearances - congratulations to all involved!

Knox United fielded two squads in NSFA competitions in 2018 and one single team - Premier League, Division 3 Reserve Grade team and an Over 35s squad in Division 3 of the O35s competition. We



had a total of 88 registered players take the field this season. Premier League maintained their good form from 2017 with another strong season, culminating in our highest ever finish in both 1st Grade and Reserves. Highlights include beating Lindfield home and away and finishing above Barker Old Boys. Premier League Reserve also had an excellent season, finishing 5th, and highlights included home and away wins against Kissing Point and a five-game unbeaten run in the middle of the season which included four wins.

Division 3 were unable to field an entire squad due to lack of numbers and formed a quasi-squad with Mt Colah with Knox taking the reserve grade fixtures every weekend. The players found the step up from Division 6 particularly challenging, with a notable exception being Tom Lilley (OKG16) who set the division alight with 17 goals for the campaign.

Over 35s had another successful season with first grade finding the back of the net with ease, scoring 53 goals for the campaign as they made the semi-finals only to go down in the final minute of extra time to a golden goal winner from Asquith. Numbers were again an issue for the Reserve Grade team and they finished in the bottom half of the table.

Final placings for the season are as follows: PL 1sts: 6th (26 Points), PL Reserves: 5th (28 Points), D3 Reserves: 8th (9 Points), O35 1sts: 3rd (29 Points), O35 Res: 9th (20 Points).

2018 signals the end of an era for Knox United as we farewell both our First Grade coach for the last three seasons in Vince Cali, and our long term major sponsor John Irwin from Irwin Packaging. I would like to personally thank both Vince and John for their unwavering commitment to Knox United. Without their dedication and commitment to Football, we would not be the club we are today.

To celebrate another excellent year, both on and off the pitch, the AGM and End of Season Awards dinner was held at The Ivanhoe Hotel, Manly on 8 September. A full list of 2018 award winners and the new committee for season 2019 is available on the new Knox United website, www.knoxunitedfc.com

If you are interested in joining, contact Chris Wiseman via email football@okga.org.au



OLD BOYS' PIPE BAND

Words by Allan Watts (OKG77), Pipe Major
pipeband@okga.org.au

The great highland bagpipe was bred for cold climes and so, as usual, we found ourselves playing at a number of mid-year events:

- The Novus Foundation charity dinner at Terrey Hills
- The Wollombi Village Fair
- The Old Boys' Brothers IV Brothers Rugby match
- Weddings, funerals and dinners.

This year we added two more performances to our calendar.

The first was for the village residents at RSL ANZAC Village at Narrabeen in June. It was part of their annual Winter Festival. The residents were grateful, and many asked for photos with the band afterwards. We met Bevan Harris (OKG42) who said that seeing the band brought back many happy memories.

NEWS OF OLD BOYS



The second was the St Ives Rotary Food and Wine Festival in September. It was great to support the community and play in the spring sunshine.

October saw the highlight of the year: a reunion of former Knox pipers, drummers and drum majors. It was only 70 years ago that the School's Pipe Band first appeared at a Knox ANZAC Day Service. At the reunion, we were honoured to have two founding members of the Knox Pipe Band in Bob Dash (OKG49) and John Meikle (OKG50) as well as a great representation from the early years of the Pipe Band. In the afternoon those who were brave dusted off their instruments and marched on Knox 1 for old times' sake. We were privileged to listen to performances by the Prep Pipe Band and the School's top competition band (current Australian Champions in grade four) - and there were plenty of stories to tell over dinner!

For more information about the Knox Old Boys Pipe Band, contact Allan Watts via email pipeband@okga.org.au

- 01 Marching together after all these years!
- 02 Bob Dash (OKG49), one of the first Knox Pipe Bandsmen
- 03 Bandsmen at the reunion playing the 'Skye Boat Song'



DANIEL DEAN (OKG09)

Our congratulations to Daniel, awarded the 2018 Fine Music 102.5 Willoughby Symphony Orchestra's Young Composer of the Year. Daniel's composition, 'Quadrivial Concertino for Oboe & String Orchestra', has won him a cash prize, and also the opportunity to hear his composition come to life in June. Coincidentally, the oboist selected to perform the solo was Callum Hogan (OKG14).

RYAN HEBRON (OKG15)

Congratulations to Football defender, Ryan, of the Sydney University's Australian National Football Club. He was announced as the recipient of the 2018 Driscoll Medal, Sydney Uni's highest playing honour. Ryan featured in every one of the students' 19 games this year, finishing first in the club's First Grade best and fairest voting.

ALEX BURCHETT (OKG12)

Congratulations to Alex, Club Captain of Whale Beach Surf Life Saving Club, who has been accepted into the Surf Lifesaving Queensland's Leadership Excellence Program, in conjunction with the University of Queensland.



IAN FRAME (OKG64)

Congratulations to Ian who was announced as the Rugby Australia 'HSBC Volunteer of the Year'. The award recognises the work that volunteers put in behind the scenes to keep clubs moving along. For the members of Knox Rugby, it was recognising the many decades Ian has put in, not just on game day, but helping the members and their families.

QUEEN'S BIRTHDAY HONOURS

ROB WANNAN OAM (OKG68)

For services to the visual and performing arts youth and the community.

MICHAEL BARKL OAM (OKG76)

For services to the performing arts and music education.

LEO TUTT AM (OKG81)

For significant service to the community through health, particularly for people with diabetes through administrative and leadership roles and for accounting.

OBITUARIES



JOHN GORDON BAGLEY (OKG52) 26/9/35 - 30/6/18

Born in Lindfield on 26 September 1935, John Bagley attended Lindfield Public School during the war years before starting at Knox Grammar in 1947 as the youngest in his year. John excelled in competitive sports and achieved on the academic side. He played second row in rugby and loved School Cadets and the annual camps to Singleton, becoming Sergeant Major in his final year.

Post-school John went into business, securing a commercial cadetship in 1953 with CSR and studied accounting at Sydney Technical College. At the age of 18 he registered for National Service and was selected for the Navy, reporting to Flinders Naval Depot in Victoria for six months. He remained a reserve with the Navy for two years.

Posted to sea on HMAS Australia for three months duty, John cruised the Pacific, New Zealand, New Guinea, the Coral Sea and Queensland before returning to CSR and a busy life packed with surfing on the Northern Beaches; playing rugby for Roseville Juniors and Gordon Club 2nd grade. He rowed for North Shore Rowing Club, then Mosman Rowing Club which saw him selected to row in the Kings Cup in Victoria.

Knox Grammar always held a very special place in John's heart and he was actively involved with the Knox Foundation. He was especially proud to see his son Douglas (OKG85) and grandsons Angus Roberts (OKG09) and Thomas Bagley (OKG15) follow in his footsteps. He loved nothing more than spending a Saturday afternoon watching Rugby on Knox 1, keeping fit in the school gym and pool, catching up with fellow Old Boys and attending many ANZAC Days and special events.

JOHN HEWS MARCHANT (OKG39) 22/11/22 - 15/5/18

John was born in Coonabarabran, along with his three sisters and brother Philip (OKG42). He grew up in Lindfield and Turramurra and attended Gordon Public School. He won a scholarship to Knox.

Following school he studied dentistry at the University of Sydney, joined the Sydney University Regiment and later became an Army Lieutenant. John met Judy at university and they married in 1946. John had four children - Roger (OKG69), Hilary, Maddy and James. When they moved to London, John helped organise Old Boys' gatherings. In later life, John married Barbara.

John had two grandsons at Knox, Andrew (OKG04) and Robert (OKG13).



THE HONOURABLE MORRIS 'DUSTY' DAVID IRELAND QC (OKG46) 14/6/28 - 26/7/18

Attended Knox: 1939 (Y4) - 1944 (Y9)

House: School

Original School No: 925

Senior Knoxonian Life Member

Vice President of the OKGA, 1971 - 1972

President of the OKGA, 1973 - 1975

PLC School Council, 1975 - 1989

Knox School Council, 1978 - 1994

Chairman of Knox School Council, 1989 - 1994

Dusty started his lifelong association with Knox as a boarder in the Prep School, then serving on the OKGA Committee, finally as President, he served on the Knox Grammar School Council, finishing his time as the School Chairman.

His wisdom, his infectious good humour, and his knowledge of Knox guided the School for many years. After leaving school, Dusty spent six years in the Merchant Navy. He settled on the land in Rylstone for 10 years, and then as the manager of Shorncliffe P/L, civil engineers, before moving to Sydney to study. He undertook the law course offered by the NSW Barristers' Admission Board while working as a project manager with Favco Industries, a company that constructed cranes.

Called to the New South Wales Bar on 5 December 1969, Ireland read with David Yeldham (OKG46). Ireland's chambers were at 180 Phillip Street, Sydney. He was later admitted to the Bar of the Australian Capital Territory. Practising in the Common Law, Criminal Law and Equity Jurisdictions, he specialised in Common Law jury cases involving industrial accidents or mining. A Council member of the New South Wales Bar Association in 1982-83, he was also active in the Association's Reading Program to train new barristers. He was made a Queen's Counsel for New South Wales on 30 October 1985 and later for the Australian Capital Territory, Western Australia and South Australia.

In 1989, Ireland was appointed an Acting Judge of the Supreme Court of New South Wales, from 14 August to 13 October. He was appointed a permanent Judge of the Court from 18 May 1992. He retired on 13 June 2000. Following his retirement he was given three commissions as an Acting Judge and Acting Judge of Appeal covering 14 June 2000 to 13 June 2003.

01 John Bagley (OKG52) and son, Doug Bagley (OKG85)

02 The Honourable Morris 'Dusty' David Ireland QC (OKG46)

ANNOUNCEMENTS

BIRTHS

Harry J D Bangs, son of Tim (OKG00) and Alison Bangs – 4/10/18

Lily R Bromley, daughter of Nick Bromley (OKG00) and Kelly Young – 3/7/18

Isaiah L B Cannon, son of Ben (OKG11) and Nichola Cannon – 25/7/18

Tyson L Chung, son of Cameron (OKG01) and Viv Chung – 18/8/18

Lucy E Cross, daughter of Tom (OKG08) and Taryn Cross – 30/10/18

Alice O Daubney, daughter of Andrew (OKG02) and Brooke Daubney – 30/7/18

Liam G Donovan, son of Hamish (OKG05) and Krystle Donovan – 5/9/18

Charles C Farrell, son of Daniel (OKG04) and Sarah Farrell – 5/8/18

Stevie R Grogan, daughter of Matt Grogan (OKG95) and Anna Wilcox – 15/8/18

Jack A Higgins and Willow A Higgins, twins of Tim (OKG04) and Ella Higgins – 12/9/18

Bronte F Jenkins, daughter of Drew Jenkins (OKG03) and Alanah Carroll – 20/12/17

Clancy H P Kelly, son of James Kelly (OKG03) and Hannah Pincham 5/11/18

Taylor A Kenner, daughter of Richard (OKG03) and Maggie Kenner – 25/8/18

Matilda G Lewis, daughter of Scott (OKG06) and Samantha Lewis – 28/8/18

Alexander T Read, son of Matthew (OKG00) and Sabina Read – 19/4/18

Xander J Scrimshaw, son of William (OKG06) and Lauren Scrimshaw – 2/10/18

Arabella M Spence, daughter of Michael (OKG79) and Jenny Spence – 24/11/18

Georgia M Tagg, daughter of Nick (OKG00) and Caity Tagg – 26/9/18

Sophie P Wrate, daughter of Tim (OKG02) and Jess Wrate – 31/8/18

MARRIAGES

Chad Cowley (OKG08) and Annika Whitford – 21/10/18

Alex Craig (OKG08) and Melissa Grima – 25/8/18

David Crawford (OKG09) and Annabel Sullivan – 1/12/18

James Freeman (OKG98) and Hannah Stewart – Weeks – 26/10/18

Greg Kynoch (OKG06) and Courtney Ashes – 20/10/18

Tim Lawley (OKG07) and Megan Guerts – 17/11/18

Simeon Moore (OKG97) and Lydia – 13/10/18

James Morton (OKG04) and Rebecca Moses – 2/12/18

John Park (OKG95) and Katarzyna Nowicka – 1/9/18

Alex Seeto (OKG06) and Clare Tong – 6/10/18

Matthew Stevens (OKG09) and Rachelle Mason – 20/10/18

Nicholas Spencer (OKG98) and Alice Lang – 11/8/18

DEATHS

John Roland Aarons (OKG62) – 11/8/18

Charles Edward Armitage (OKG77) – 15/11/18

Simon John Atkins (OKG82) – 1/6/18

John Gordon Bagley (OKG52) – 30/6/18

Garry Raymond Burgoyne (Ret'd Staff) – 13/7/18

James Granville Cowan (OKG59) – 6/10/18

John Forrest Hayman Clark AM (OKG49) – 21/7/18

William Hamilton Davies (OKG53) – 3/9/18

Warren Cooper Deveson (OKG63/64) – 19/4/18

Raoul Adrian Dyason (OKG73) – 13/6/18

Clive Andreas Evatt (OKG48) – 3/8/18

Bruce Butler Fairlie (OKG50) – 13/6/18

David John Gray (Ret'd Staff) – 20/8/18

Hunter John Hall Fry (OKG49) – 17/8/18

Ian Richard Furze (OKG51) – 10/7/18

Alexander David Glover (OKG48) – 31/5/18

David Marc Hutchinson-Smith (OKG57/58) – 20/10/18

Morris 'Dusty' David Ireland QC (OKG46) – 26/7/18

Michael John Truman Jenkinson (Ret'd Staff) – 5/9/18

David Stephen Knox (OKG56) – 20/7/18

Alexander Koroknay (OKG65) – 26/5/18

Raymond Barry Locke (OKG68) – 7/5/18

Richard Dayrell Logan (OKG52) – 17/7/18

John Joseph Mandelson (OKG44) – 10/9/18

John Hews Marchant (OKG39) – 15/5/18

Kenneth Charles Milner (OKG53) – 3/10/18

David Shard Paton (OKG48) – 23/7/18

John Alan MacBride Price (OKG59) – 29/5/18

Geoffrey Roy Probert (OKG58) – 23/6/18

John Burdett Reid (OKG39) – 27/9/18

Ronald Albert Rivett (OKG43) – 11/7/18

Joseph Lysle Roberts (OKG41) – 29/10/18

Blair Ford Ross (OKG50) – 21/8/18

David Edward Ross (OKG73) – 8/12/18

David Sydney Shillington (OKG47) – 6/7/18

David Rolfe Bernard Smith (OKG57/58) – 14/11

Richard Kenneth Thew (OKG64) – 14/9/18

Geoffrey Bryceson Treharne (OKG58) – 4/8/18

Martin William Webster (OKG75) – 2/12/18

Peter Williams (OKG43) – 13/9/18

Malcolm David Witherby (OKG40) – 17/6/18

Bruce Allan Zweck (OKG44) – 6/9/18



Knox Grammar School
PO Box 5008
Wahroonga NSW 2076
AUSTRALIA

Telephone (02) 9487 0122
Fax (02) 9487 0186
CRICOS Provider Code: 00399E
www.knox.nsw.edu.au

DID YOU KNOW?

In 2018 across all five Knox libraries, a total of 34,574 books were borrowed.