Roos runs rules over Knox

FORMER Sydney Swans coach Paul Roos paid a visit to Knox Grammar, where he put the school’s AFL players through their paces in a training session on Wednesday afternoon. Last year, Knox became the second Sydney private school to introduce AFL as a sport. Headmaster John Weeks said playing AFL gave students a good skills grounding for a variety of sports. Knox has traditionally been a strong rugby school.

Pictures: DANIELLE BUTTERS